

Conversations with the Dead

The Connection



Bonnie Vent
John Streiff

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Special Thanks
By Bonnie Vent

I would like to thank all those that participated in this cutting edge process with their invaluable questions.

To my family who are so tolerant of my unconventional work and to John Streiff for providing his background and research into the quality of the questions and wide variety of topics.

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Introduction

My name is John Streiff, and together with Bonnie Vent, it is with great pride that we present this compilation to you, our readers.

I have been researching various areas in Parapsychology for many decades. My research interests include topics of Extrasensory Perception (ESP) and Psychokinesis (PK). In that time I have studied many exceptional and gifted individuals, including many mediums. I have had the privilege to witness and document what can only be called some remarkable phenomena and abilities in well-controlled conditions. For me, this present compilation is very exciting.

A few years ago, I discovered Bonnie's website at www.bonnievent.com where she had several forums. One of these was dedicated to the Whaley House in San Diego, where I had worked with the original curator in the early days. I had a unique historical perspective on the house and the Whaley family. Bonnie contacted me originally after realizing my background and our mutual interests in the Whaley family. I met Bonnie Vent in early 2006 after we had communicated online. From my mediumship research and historical knowledge, it quickly became clear to me that Bonnie was indeed able to receive information, perhaps from discarnate individuals. I determined to study her further, and that began a long and fruitful working relationship that continues to this day.

Modern mediumship research has conclusively demonstrated that some people are fully capable of acquiring information they should not know by any normal means in the presence of careful controls. It does not yet scientifically prove the exact source of this information. It is not known if this indicates survival of consciousness or is due to the retrieval of information by some channel or field. What is important however is that this communication does indeed occur and it can be trusted in the right settings and conditions.

I found that Bonnie Vent has a history of receiving communications that are accurate and specific to the individuals involved. My own studies of her work clearly indicates the validity of the messages when compared with historical or factual information, unknown or even non-existent at the time Bonnie receives the messages.

Messages conveyed by mediums tend to fall into several categories. One common category includes messages from relatives and loved ones that are intended to assist those who remain behind. Another is historical communications given with the intent of correcting errors in history by those who actually lived these events. Our investigation of the Beautiful Stranger of the Hotel Del Coronado falls into this category. The final group are messages from controls and guides. These messages are intended for those who have come to a point in their lives where they find themselves asking the Big Questions. The contents of this book fall into this last category.

Bonnie has known of her guidance since a very young age. This group has announced themselves as "The Connection". They seem to be a collective, have a group intelligence and speak with one voice despite being many. They say they have been guiding Bonnie throughout her life in various ways.

This project actually began with an earlier project in which Bonnie was compelled by her guidance to communicate with several deceased individuals to tell their stories of their passings. It seemed that these stories might be comforting to those who were in various ways dealing with the loss of loved ones. The current project grew out of that earlier work. But in this case, Bonnie's own guidance took center stage and spoke instead.

Bonnie recorded the sessions on video in San Diego, California while I asked questions and monitored the sessions over the Internet from the Washington, DC area. The sessions were broadcast live on the Internet and online questioners asked questions in real time. Many of those questions are included in these communications.

When Bonnie was visited by Michael Jackson shortly after his death and his resulting messages were made public, many people began to think about issues of mortality and related questions. We heard from many that these conversations with The Connection were indeed very helpful and comforting and so have made them available in this format.

We do hope you find them insightful, inspirational and enlightening as so many others have.

John Streiff
February 2010

Spirit Advocate broadcast dated: March 16, 2009

Show Introduction by John Streiff

John: Welcome to Conversations with the Dead with Bonnie Vent, medium and Spirit Advocate SM, I'm John Streiff. We are communicating through The Connection, using trance channeling - a principle of inter-dimensional communication - we are able to hear the voices of those who have passed as well as those who are higher guidance.

These communications originate, in fact, through a channel that connects dimensions. While this cannot be proven scientifically today due to limitations in technology, mediumship and inter-dimensional communication give us a way to know what may be going on in that other dimension using the subjective perception of the medium.

Bonnie Vent is a Spirit Advocate who has been in touch with this other dimension and its residents. They have sought her help for various reasons, whether recently deceased or left this physical world over a century ago.

Introduction and purpose of “The Connection”

The Connection: What a wonderful introduction! Thank you so much! That showed tremendous understanding of the process. We really were not aware that you were as aware as you are. Thank you so kindly.

As John mentioned, we are trying to establish a bridge from the third dimension into the fourth and fifth. This bridge is designed for your comfort and is connected with Love. We hope to establish communication with you via video and have you generate questions that we answer for you. We are trying to establish a “meeting of the minds”, as it were, so that we can communicate more effectively with you and you can also stretch and grow to new areas of development for yourselves.

There are a multitude of things that may come through this channel, and we wanted to let you know this. Some are really very basic, as in people who have already gone through the process of exiting your dimension and entering into the next. And they have graciously stepped

forward to assist you in this process. Because who better than someone who has actually gone through this to provide you with examples of what the process might be like for you as well?

We also, once again, want to reach out to the research community, because the work that you are doing will attract a certain element of the population that we, perhaps, cannot. We work more on the level of 'feeling' and what resonates with the individual person. Whereas the researcher has the ability to explain to the rational mind why these things might be occurring. A person who dwells in the rational would not necessarily accept the process that you are observing currently. And, we understand this; we understand the skepticism. It is intriguing to us that you are developing and working on machines trying to do what is a natural process. And that more credibility is put into the machine than is put into the human element. This is somewhat saddening to us, but we do understand, and we will assist in any questions that serious researchers might have, as well as individuals. And we are happy to provide this service to you. We hope to minimize fear and anxiety, because you are indeed going through a tremendous shift. Regardless of what aspect you want to look at on the diamond that is what you know as life, you will find this all around you. Even in your broadcast media of today, you will be getting an inkling of what lies ahead. We do suggest that you look more at your science channels than you do your broadcast news. Your broadcast news is deceiving to you. They are trying to provide a picture that fits into the rational mind. If you scratch very slightly below the surface, you will realize that you're not necessarily given the truth that currently exists. So we suggest that you use your powers of discernment, and that you 'feel into' the information that you're being provided, listen to your "gut" as they say, because this will be the way of working in the future.

The rational mind works in what you consider to be your reality. And you should know, and especially the researchers should know, that the area around you that you call "reality" can fool you. It does fool you on an ongoing basis. So, since we are currently working today with John, we would like to first ask him if he has any questions that he would like to pose, and we are aware that this is a test of this process, so we hope that in the future people will listen to this message and want to join in again with us, and it is open to any and all that care to communicate us. The mechanisms are in place and John will be moderating those mechanisms, so if you do have a question, he can communicate that directly through to us. And we are so happy that this technology has

now been put in place and is finally beginning to work. It is a joyous, joyous day. And we hope that John also feels the joy and exuberance that this opportunity opens. A very interesting door for him personally, and also for the research that he has been doing.

So for now we are going to sit here for a minute, and if John has a question or questions, we would be more than happy to entertain those.

John: Thank you very much. I'm sure that some people are wondering who is speaking. Can you tell us a bit more about who or what you are? Put it in terms, if you can, that would have meaning to us in our physical world.

The Connection: Name seems to be very important in the dimension that you currently reside in. It is actually a part of your imprint, so it is very natural that you would be looking to name us and to categorize us in some fashion. The name that you can refer to us as, if you so desire, would be The Connection, because that truly is our purpose, therefore we will be using that as our name. We provide connection points. And it's interesting in that this particular channel that we have chosen (Bonnie Vent) has an innate ability in the connecting of dots. And truly that' is what we do as well.

We connect dots for you, we establish connection points that have always existed, but you have not been aware, you could not see and observe them. So we are trying to put a light on these connection points and walk you through the process of connecting these points to each other to get you truly where you need to go which is the opening of the next room, the next doorway that you walk through.

John: Thank you very much, that does help immensely. Let me follow in that vein just a little bit. The term "we" is used quite a bit here, implying a group of some sort. "We", "our" and so on to me implies a group. Are you are in fact a representative of a group? Are you indeed a group speaking at one time? Or is there another way to conceptualize what you are?

The Connection: You are hearing a group consciousness directed through one channel. We want to bring this up to you personally, John, we understand that you have some knowledge on audio recording. And you know that this is entirely possible to channel multiple audio input

into one particular channel. And this is what we are doing, and it comes through in a blended fashion, and so you are not speaking to one individual you are speaking to a collective. For you, it is easier to hear the one voice, because truly if you were to hear all voices speaking simultaneously, you would not be able to comprehend the information. And so we are doing this intentionally to make this easier for you in the third dimension.

John: I see. This brings up another question regarding how you intercommunicate in your dimension. What type of communication do you engage in? I assume the concept of the exchange of ideas is a very real thing for you, how does that work on your side?

The Connection: The closest thing that you have to the type of communication that we engage in would be what you refer to as “telepathy.” Except that we are able to receive multiple thoughts at multiple times and process them in a way that you currently do not have the capability to do.

John: So you can process multiple thoughts at once. It sounds like it is a group and that implies to me that there are in fact individuals in the group. Would that be correct?

The Connection: There are individuals in the group. As a matter of fact, the group is growing quite large. This is indeed a research project in the dimension that we are in. We have now invited you to join in with this as part of the bridging of the gap between the two dimensions to bring you more into the realms that we currently experience. And so we have our own scientists and psychologists and a myriad of experts, including some regular individuals who just have interesting relatable stories. So in the research community this would be considered I guess “anecdotal” evidence, and so it's not so different that we bring together all skill sets.

It's maybe a little different for you in that it's all coming through one particular source. So you really are getting the maximum amount of information delivered to you in a way that you are able to digest.

Perceptions

John: Let us move to a little different topic, one that has actually

become quite interesting on our side recently. Like many things it's by no means a new topic; just a resurfacing of a topic. It has to do with how one perceives things and the concept of false memories. It has been said that many people experience various sorts of what we here call "anomalous phenomena" due to their own fantasy-proneness, belief systems, and the like. I'm curious to know, since you're sitting from a totally different perspective, first, do you know what I'm talking about, does that exist on your side, that problem, that issue, and second, do you have any sense of what degree that might be happening in our dimension?

The Connection: There are some that are, the term is "awakening". There is awareness that there is more than just the third dimension that surrounds you. The people that are experiencing what they consider to be "anomalous" or things that don't fit into the third dimension are truly getting a look-see into the fourth and fifth dimensions. These are things that do actually exist, they are not imaginary. They can be from past, present or future, including very distant past, so you would be seeing something from thousands of years ago into your third dimensional reality. It's really not that it came into the third dimension; it's that you actually stepped slightly into the fourth and fifth dimension. So these are not imaginary things that people are observing. Truly everything is occurring simultaneously. Only in the third dimension, where there is linear time, do you walk a time-line of past, present and future.

John: So from your perspective the future is happening from one perspective all at once. If I saw it from your perspective is that how it would appear to be?

The Connection: Everything is happening simultaneously and is driven by the intent of the experient. You're seeing this in the third dimension in people that talk about the "power of intention." This is, yet again, a bridging of the gap, a tool that can be used. It is unfortunate that some chose to use this as a way to try and generate money, which has no valid purpose in any dimension other than the one you reside in. But the fact is that the teaching is there, and it is up to the person who absorbs the information, the intent of how they want to use that. But part of bridging this gap, is to use the power of your intention as to what you would like to experience, and it's a little slower in the third dimension from the time that you generate the thought to the time that it reaches your physical perception. It is much faster in the fourth and fifth dimension. Now, there is a little element of caution here, as has been

said by many for many years, "be careful what you wish for." So you do have to be very careful about your thought, that you keep your thoughts in alignment with what you truly want to experience as opposed to what you'd like to avoid. People spend an inordinate amount of time thinking about "worst case" and what they're going to do "if and when" some bad thing happens. That can, especially in the fourth and fifth dimensions, actually bring that bad thing into your reality. So you do want to be careful about that and live more of an "intentioned" life of what you do want to experience as opposed to pain avoidance.

John: So you're saying that pain can be avoided simply by doing nothing more complicated than living by intention?

The Connection: That is correct.

Religions

John: What knowledge do you have of religions? What is your opinion, and how does it fit into your perspective?

The Connection: That is a tricky question in that we do not wish to offend people and their belief systems. However, it is a third dimension concept that was put into the dimension by men and their activities. It is used in some ways to control people and control their behavior. It does not have a place in the higher level dimensions. In the dimensions that we are referring to, you don't really require there to be laws because everything is generated by love and positive thought. So controlling bad behavior, so to speak, has no place. There truly is no good or bad, there is just experience. And if you want to experience what others might perceive as a negative experience it's yours to do with and to play with as you see fit. So the organized religions are indeed man-made and they do have a seed of truth in that there is a higher level energy that is in some ways controlling what people are experiencing. But there is no intent to control people on such a minute level as you see in a lot of the religions.

It is much better to be in connection with the higher level guidance that came in with you than to reach for external sources or idols that others may put up there. It is difficult - what I'm saying - for some people. But if you go to the simple concept of what do you feel about a particular

thing, and if a belief system is causing you to generate bad feelings or feel badly about other groups who do not believe as you do then you really need to rethink whether that belief system is serving you well. I hope that makes sense.

Absolute Truth

John: It certainly makes sense to me. There has been some thinking over here on our side and I'm sure it's shared by your scientists and philosophers as well having to do with the so-called Absolute Truth. I won't say too much more about that, I'll assume that those in the group know what I am talking about. What do they have to say about this Absolute Truth or Universal Ground? I'll use those two terms. What do you think are we on the right track and how does that relate to you?

The Connection: We're not quite sure how we want to address this, because the term "Absolute Truth" doesn't exist in the area where we observe. There is search for and a desire in human-kind to search and explore to hope that they have indeed found the Absolute Truth. But, as you may have become aware, as you search, the truth alters and changes, as it is a dynamic. It is about the exploration and playing with, in a very childlike way actually, playing with what you observe in your reality around you. So what is true and what is false is part of the duality of the third dimension. And it is really, in the fourth and fifth dimension all about the playing. There is no search for Absolute Truth or Holy Grail or whatever, being to discover or any of those kinds of concepts. They truly do not have any relevance here. It is about the exploration and about the play. We hope that people will find this to be attractive, because it's very open. You can literally do and dream and think about whatever you so desire. That can be a little scary to some, but for those that get the hang of it, it's really quite a joyous experience.

Placeholders

John: Are you aware of those in our dimension who seem to understand the things you're talking about and who practice this on a regular basis. Is there someplace these people tend to be found? Is there anything in common about these people?

The Connection: There are placeholders that are, and this channel is one, there are many. There are many, many people that were brought to assist in this particular point in time and they do have some commonality. They may not even be consciously aware of the commonality that they have. They have all be awakened, at one time or another, that what they perceived as reality, may or may not be true. That it could possibly be, perhaps, a holographic image generated from another source. They played with this idea, and in some cases they've been able to find little flaws and little gaps in the holographic images that are being presented. This intrigues the scientific mind that loves anomalous things in nature. How do they work, and let's pull them apart and see. So they follow the breadcrumbs of the anomalous activity they are observing and find that one anomalous activity leads to another leads to another. It is very intriguing to them, I'm sure. And yes, they have all had circumstances in their past where perhaps they have had a peek into the fourth and fifth dimensions. They can't quite shake what they've experienced; they can't quite say "oh, it was just my imagination" because something in them anchors them to that thought and the pursuit.

John: Just to clarify what we're talking about then, you're saying those in science actually have had these experiences and backgrounds. It's not just about philosophers and those who may have a metaphysical background, but those who are in the scientific community have had these experiences and may not even be aware of them, or are subconsciously aware of but maybe not overtly.

The Connection: Some are very aware. They are reluctant to speak about it publicly. But privately, they do pursue these in a clandestine way. If you were hoping to find as you were speaking of earlier, the Absolute or Ultimate Truth so that they can then feel comfortable talking about it in a public way. It's an interesting thing because even though you are a scientist you are still a human being living a human experience here in this third dimension. So yes, do scientists wind up in car accidents and have Near Death Experiences? Do scientists have a serious enough medical condition that affects their brain that they get a peek into altered realities? They absolutely do. And they bring these experiences back with them as they have crossed back into the third dimension; they've decided to stay here in order to facilitate the transition from third to fourth to fifth. So they may not be consciously aware after time that they agreed to come back here in order to do that, but they certainly were at the time the events occurred.

Fourth and Fifth Dimensions

John: Several times you have mentioned a fourth and a fifth dimension, which implies that these two are in some way separable. Do I have that right, and if so, can you explain in simple terms how those fourth and fifth dimensions as you label them, differ in reality?

The Connection: It is very hard for us to be able to relate this information to you other than to say that it becomes very freeing. In the fourth dimension, you still remain as somewhat of an individual person, in the fifth dimension you begin blurring back into the source of the existence. These shades of gray continue up the scale until you get back to the actual source of all that is. That is a very hard thing for me to explain to you. If you want to refer to it as "god" that would be fine, that is a label that people, most people, are comfortable with. "Higher power" would be another and spiritually oriented people are use to that term. So you are still, in fourth, an individual; as you proceed up you blend more into your original source.

John: There is so much more we could talk about, but I'd like to turn it back to you for a minute as we've been doing this for about half an hour now, and we might want to give the channel a rest. I would like to turn it back to you. I've certainly asked a number of questions. This makes for an interesting thing for us to think about here, and form some more questions for a future time. Thank you very much, I'll turn it back now.

The Connection: Thank you so much for the excellent questions; we hope that we were able to convey this in a way that is relatable. We do not wish to talk down to you but we do understand that there is a gap in the perception that we have, as opposed to the perceptions that you have. We are trying to bridge that gap to find a level of understanding that is comfortable for you. We hope that we have achieved that today.

We will now turn this back to you for further thought as per your request. We look forward to meeting with you again and with all that have viewed this either in the time that we now are in or in a future time, as there really is no time. This will resonate with you regardless when you view it. We hope that people will get this information and that we will have further communications with you. Thank you so much for

allowing us this opportunity today, we know that time is very important in your dimension, and we appreciate the efforts made. Until we meet again.

Spirit Advocate broadcast dated: March 24, 2009

Introduction

John: Welcome to Conversations with the Dead, with Bonnie Vent, the Spirit Advocate. I'm John Streiff. Today, we'll be communicating through The Connection. Using a principle of inter-dimensional communication we are able to hear the voices of those who have passed and those who are higher Guidance. It may be these communications originate through a channel that connects dimensions.

Bonnie Vent is a Spirit Advocate who has for years been in touch with this other dimension and its residents. They have sought her help for various reasons, whether recently deceased or they left the physical world over a century ago.

Recap from prior week

Before I begin with Bonnie, I'd like to recap what happened last week in the channel. We talked with The Connection, and they told us they are a group consciousness speaking with one voice. They told us that they are creating a bridge to deliver messages to the general public and to the research community specifically. They advised we should listen to our "gut" instincts, and be skeptical of those things we hear, even this channel. From our dimension, they said, have had experiences that have briefly brought them in touch with that other dimension, and may inspire those folks to do various things and react in various ways. They also said that religion is a concept of our dimension, not of theirs. Their dimension is about Truth, and they encourage us the play with the concepts and to dream about whatever we may desire.

That was last week. Now, The Connection and Bonnie Vent..

Skepticism and bridge building

The Connection: Greetings go out to all who read, hear and observe this message. We are very grateful for the opportunity to communicate with you today. We understand that in your dimension, time is very

important. And indeed, in your dimension, it is very important. As was stated earlier by John, we do encourage you to explore what you may want to do with what is remaining of your lives. We don't mean that in a sad way, just that you really need to understand that you are here to experience. And that now, truly, in such bad times is great opportunity for you to explore and to do the things that you have left behind, perhaps from childhood, or from an earlier time. Things you have always wanted to do and said, "well, I will wait, I will wait until.." We strongly recommend to you that you don't wait any longer. Things that you may want to do, you should think about doing them now. Set aside as much as you possibly can the materialistic world in which you reside and free yourselves into more joy and experience. Truly nothing bad can happen to you if you have no fear of death. This is one of the issues that we truly wanted to address since that seems to be somewhat of a universal fear. However, if you talk to people who have come close and have come back, they will indeed tell you that there is nothing to fear. And they were quite excited by the experience and it did alter how they lived their day-to-day lives in this dimension. So please listen to the experiences of others, and we will provide you with people who have lived lives similar to the ones that you have lived, and did not come back as it were, but still reside over in that dimension that you seek answers from.

We are trying, yet again I'll say this, we are trying to build a bridge of communication because you are seeking this information, and we are wanting as best as we possibly can to provide information to you. Please also understand that there are differences between the dimensions that can and will cause mis-communication. So you really need to listen with your heart and your feelings more so than with your conscious mind. Your conscious mind will obviously convince you that you're not looking at an actual real experience. But if you listen with your "gut" as it were, this should resonate with you. If it does not, that is completely fine as well and we only wish love and joy for all who observe. It is not of concern to us if you feel that this information is not correct for you. So it is done with love and kindness only, there is no other agenda other than to try and bridge this gap of communication, we are seeking out the research community in particular because they are starting to find some science to what we have known to always be true. There again, this will build credibility and allow the messages to be more easily understood since there is already a built-in skepticism. We completely understand the skepticism that you have. We have no issue with that, and feel free to express any concerns that you may have. We

will do everything we can to try and bridge the gap of communication, but we are not perfect either just as you are not. So you will need to use your powers of discernment to interpret the information that you are being given. We hope that this is clear to all; that this is truly an experiment in bridging the gap of communication, and as in all experiments, there is trial and error. So we are opening up the line of communication to provide that experimentation. We welcome all questions that are hopefully positive and constructive in nature, and please take this very, very seriously. You are actively participating in an inter-dimensional research project. At this point I think that possibly John might have some questions and you may also as well, so we will turn this over to John to moderate any questions or ask any questions that he may have.

Life after Life and Spirit People

John: Thank you very much, thank you very much indeed, and welcome to all who joined us. I'd like to begin with a question which actually you touched on a moment ago. And that has to do with the transition from this dimension to the next and how one gets there. Actually a couple of questions in that regard. The first has to do with reincarnation, what we call reincarnation or so-called "life-after-life". Can you speak about that for a few moments?

The Connection: If your question is "does reincarnation exist as a process?" the answer to that would be "yes, to those who wish to partake." It is a joint decision as to whether you decide to come down to the third dimension or not.

It is designed for the experience. These are experiences that you cannot obtain in the dimension where we reside. So reincarnation does exist in the terms that you are considering, as in a soul can exist in my dimension and also in the third dimension at the same time. As you go into the third dimension, you are very into your individual life as you are living it. This is what you, John, and also the audience would consider to be their life under their name that they were born under and also some other imprints as in date and time of birth and things of that nature. So you are an individual living an experience in the third dimension. When you transition back out of the third dimension, up back into the fourth as an individual, you then join with the lives you

have already previously lived, and have full recollection in a broad sense, I must say. You do not remember every detail certainly as a living person, you don't remember every detail as you live your life. So there is no "super power" so to speak of coming back into that dimension and all of a sudden you are an all-knowing being. That is not the case at all. But you do have additional knowledge and skill sets that you have left behind when you entered into the third dimension. And you do recapture those. I would also like to put a small point in, because we have through this channel observed people coming through who have issue with the individual life that they have lived, and they're trying to get clarification or they're trying to get particular issues straightened out. Those particular people, who you may refer to as "spirit people" or "ghosts" or things of that nature, they have one foot in one and one foot in the other. They are trying to continue on with an experience from the third dimension that perhaps they had not completed. Or they felt that there was something really very incorrect about that life or perhaps the information that is being said about them. You need to understand that in the dimension where we reside that emotion is what drives this dimension. So people will ask "well, they're dead, why would they care?" Trust me, they care very greatly. They care about how they were represented, they care about how well that life was lived. So please be aware that when you come in contact with these spirit people, that truly they are very emotional. It has been observed that other researchers will try to gain facts and figures from these spirit people which they may recall some but not necessarily everything. Please be aware that is quite normal; it is even normal in your dimension. Please do not expect them to be all-knowing. I hope that was helpful to you.

Life Review Process

John: Yes, very much so, thank you very much. It was quite helpful indeed. I'd like to pursue that a little bit further. There is a legend from past communications about a life review that you touched on very briefly. It is likewise interesting what you had to say about the third and fourth dimensions and reflects, parenthetically, thoughts of German philosophers like Hegel for example. Reading Hegel is very similar to what you just said. This is interesting since he was writing back in the 19th century. To continue, what is the life review process? We've talked about it before, but could you expand on that just a little bit more.

The Connection: As you exit this third dimension, you will notice, and you won't just be hearing this from me, this is information that is widely known or at least thought by many, that as you exit this dimension, there is a separation process that takes place from the energy body and the physical body. So the physical body is no longer of any use to you. People will report, and both people who have gone and come back as well as people that have just gone, that there is a separation, in some cases it is a popping out of the body separation in other cases it may be a little more gradual, it really depends upon the individual circumstances. After this process has occurred, you will be greeted by some energy source. The reason I term this as an energy source is because some people think that "well, it's going to be Aunt Mary or Uncle Bill who's going to be there when I transition." That may or may not be the case depending upon your individual set of circumstances. So please don't have a preconceived notion as to who might be greeting you, but that you will be greeted and you will be welcomed back in. There truly is a transition that needs to take place, you have been existing with a physical body which is very limiting in nature, and it will take awhile to get accustomed to the freedom that you now have in not having that physical body anymore. So as you are greeted, you may be taken to several different areas and it is somewhat of a process to acclimate you back to the fourth dimension. I would also like to say too, because it has been brought up to us, we are referring to these dimensions with number association for your benefit. In the third dimension you like to have labels on particular items and things and places. But we would also like for the research community that might observe this to say to them that we are aware that there are actually no numbers to these dimensions. We are doing this as a way to explain the process. So just to make that clear. What I wanted to say is that the transition process that you will go through when you leave here is personalized for you based upon your own set of circumstances and where you were upon the exit of your death. In the case of a sudden death, there is a little bit more transition that needs to happen in the fourth dimension because you have literally exited your body at a moment's notice. In the case of someone who might have been hospitalized for a long period of time, the transition process is actually started while you are in the third dimension. You may have heard stories of people who were very close to death who are reporting circumstances such as that. And that they are aware of energy beings around them, they are aware of preparations that are being made. So we try to make this as gentle a process as possible but in your

dimension you have free will so things are not always as neat and tidy as one might hope for. So, we handle the circumstances as they come in, on a case-by-case basis, with love and gentle guidance.

Ghosts

John: Let me move to something different, which has to do with the whole experience of ghosts, which you touched on earlier. Why do they tend to come in and give you their experiences and have issues with how their lives were lived or how their lives are later explained by others? When you speak of hauntings and haunting experiences where people see individuals in locations around the world, I take it this in fact is the same exact thing going on. Do you have more to say what we call “ghosts?”

The Connection: These are individual case-by-case circumstances. We try our best to ensure that everyone transitions successfully. But, you truly do have free will and can choose, for a multitude of reasons, to hang back. Some of these people have actually chosen to do this because they're afraid of the process of moving forward. They may have feelings of guilt. They may have belief systems that will convince them that they have not led a good life and that there is punishment on the other side. If those belief systems are very ingrained, it can take a large amount of communication and talking to that person to convince them that this is truly not the case. So they do seek out to go to the dimension where they just left. It is rather like a cat clinging to the edge of a cliff, and scrambling as hard as they can to go back to the top of the cliff from before they fell. There is a lot of desperation that can be observed. Some will actually settle into this in-between state and will be somewhat comfortable there. And that is completely fine as well. Since everything is about experience and they can experience life in between lives in that particular state, there is truly nothing wrong with them choosing to do that. Other than some seem to have tremendous amounts of pain and anxiety associated with staying in that state. We do try to speak to them and suggest to them that truly there is nothing wrong, there is no punishment, and that they have been taught something that is not true. But it is really very difficult since there is so much emotion based around their thoughts. To break someone free of a belief system can be very, very difficult. Some may have seen this in the dimension where you reside where people get caught up into a

universal type of belief, known as a “cult” or something to that effect. It can be very, very difficult to talk them out of it, even though for those who are not involved in the cult looking from the outside they can see how harmful that is to their loved one. And so that can be, there's an example in your own dimension of what we go through. We are trying as best we can to provide you examples that you can relate to, so whenever possible we will try and give you something from your own dimension and we hope that this is helpful to you and to understand that the dimension that you reside in after you leave here is not so foreign. There are commonalities between these dimensions.

Suicides and Terrorism

John: You mentioned earlier on that one of the reasons for quick death is in fact suicide. And also that beliefs tend to regulate whether one stays in that conscious process of going on to another dimension such as yours. I wanted to elaborate more just for a moment on suicide. I think it's an area of interest to many people in that they've been touched by it in various ways. A lot of people, especially now, with terrorist bombers and things like that, wonder what happens, and how that factors into those people's religious beliefs? Much has been written about this already. Do suicides differ in this regard? If someone takes their own life is the transition process materially different than for example a terrorist bomber or someone both doing it with intent and complete belief that they were doing the right thing in their own belief set? Does the actual transition really differ from someone who hung themselves, for example? Or are they any different from someone who is not a suicide?

The Connection: That is a very excellent question, and it does differ. As you're starting to be aware of because this information is being provided into your dimension, there is truly a Law of Intention, and what were you thinking at the time you decided to exit. There is also the issue of what did you agree to experience before coming into the third dimension? So if it was your desire to experience a suicide-type of situation for a cause, as in talking about terrorist activity, then all you have done is to fulfill your purpose and it is therefore time for you to leave; you have completed everything you came to experience. However, if you are in the other category where you agreed to certain things to experience, and once arriving here found that you had a

change of heart or you may even have experienced a physical difficulty, which we would consider mental illness to be a physical difficulty as well, and you may have done something differently than what you had desired to do. When you transition back, you will be made aware, during the review process, of the work that you had set yourself out to do, that you didn't complete. You will then be given the opportunity to make the decision whether or not to go back and complete what you decided to do. Now, in some cases that decision is made truly instantaneously. The person at the time they decide to end their life and they separate from their body are scurrying trying to get back into their body. That is a conscious decision of wanting to go back. So we may decide, if that is what you truly want to do, that the body may not be viable for you to go back. If it is viable then you will have had a "near-death experience" or you will have an attempted suicide and lived to tell the tale. Truly there have been people who have jumped off of bridges with the intention of ending their lives, and they have survived beating all possible odds. For us, it is just a matter of is the body viable to continue forward, or is it not viable? If the body is not viable then you will be placed into a holding pattern and when the circumstances are correct for you to return, then that option will be given to you. At that point, we curtail the transition process because we do not wish to change or alter the completion of the life, even though the life is having to be split into two lives. You may notice that some people come into the third dimension with a lot more tasks to do than others. And in some cases, not in all, you can't really generalize, but in some cases, people that have very little to complete may have been in that set of circumstances. So there is no punishment for committing suicide but the knowledge that has been given by some religions that you go to Limbo, there is a little bit of truth to that for some, there also is a lot of truth to the fact that you will come back. But not necessarily, if you choose not to complete the life, then that is your choice to make. It is not mandated that you experience. People usually do chose to come back because with the knowledge that they have, and the high-level picture, they realize that it was not as bad as they thought it was and perhaps they should not have ended their lives so quickly. But, it is a choice.

Stillborns, Miscarriages and Abortions

John: Is there any relationship between dying young and the degree of

work one has to do in their reincarnate life?

The Connection: There certainly can be. There also, because it is not a perfect universe and no dimension is perfect, there are circumstances where someone may be slated to come into the third dimension to live a life and that process will be “canceled” for want of a better word, by the set of circumstances. Either something will have changed with the parents that were supposed to have the child, or something might have changed with the spirit person themselves where they have decided perhaps they wish to wait. This is what happens in the case of abortions and in the case of still-borns of babies that don't live for a very long period of time. There is still experience that happens with the parents and also with the spirit person; no opportunity is ever wasted. But it can seem to be a very cruel and harsh circumstance if you have a fear of death and you have a fear of what happens in the dimension where you go after you leave here. If you no longer have that fear, then it really is not such of an issue. But for most, and we do understand this, it can be very painful and take a very long time to process through. But please know if you have been in a circumstance like that, where you have terminated a pregnancy or your baby has come through and not been able to complete a life, please know that they are completely fine, that other opportunities will be provided – they may even end up in your family somewhere down the line. Don't worry that you have made a mistake that is not a correctable mistake or that you did something to cause your baby not to survive. There should be no feelings of guilt associated with this. Truly it is a cancellation and a reschedule of the process. We hope that this perspective is helpful to those that have been through this set of circumstances. It is very common, but when you are the individual experiencing it, you can feel very alone. So please know that you are not alone in this process and that it is not a perfect world and that things do get planned and that changes do occur in the plan. You need to try and be flexible with this if you possibly can.

John: Let's follow on with this question. Is it true that there is a grace period soon after birth where they might chose not to go on with the life they started?

The Connection: That is not usually the case. Once set in motion, under normal conditions, the life is intended to be completed. However, the physical can wind up not being viable in which case, the spirit person will be notified and they will exit the body if it is not viable. This can either be because of the way the physical body was formed; this

can also be because an accident has occurred that will cause the body not to be viable. But for the most part, and there are exceptions to this, for the most part once the person has decided that they're going to go to the third dimension and they're going to live a life, then that plan is supposed to be played out. But, as I say, changes can and do occur based upon the constrictions of the physical world as well as the free will of all parties involved. So I would not call it a "grace period", but I will say that if there is a compelling reason to leave that they will, indeed, leave.

Genius and the Master Plan

John: Some people are born with apparent more skills than others are born with, or seem to evolve quickly as genius. Is there any relationship between what's been learned or hasn't been learned and these aspects, genius and skills at birth?

The Connection: In fact, there is. If you are a "smart" energy being, when you decide to come to the third dimension, or the dimension where you reside.. maybe we should refer to it as the "physical dimension", maybe that would be helpful. When you decide to come to the third..sorry.. the physical dimension, you can bring skill sets forward from other lives lived, or you can decide that you want to start fresh. So for some who seem to have instantaneous abilities to perhaps play a musical instrument or have some extraordinary skill sets for their age, they have indeed decided to bring those skill sets forward, and to perhaps enhance them in some way, or they brought them because they were something that they enjoyed and they wanted the comfort of that as they started over in the physical dimension again. So they may bring the skill sets forward and actually not use them in the way that they were used before, or they may in fact use them as a way to augment other things that they want to experience. For instance, if you had a skill set from a past life that was highly successful and was a way to earn a living, you may decide to use that skill set so that you'd no longer have the issue of making a living as you proceed forward in the life that you've decided to live this time. That can alter life experience greatly in the physical dimension because it is run by the monetary system. So if you do not have that as an issue, and your money is well taken care of, then you will be able to experience things that you would not be able to if you did not have the money available to you. So some

people do decide to do this and to bring the skill sets forward whereas others do not. It's really part of the base plan, and I would also like to say the plan is a very open-ended plan. Some people seem to feel that it is very detailed and you have to check all the boxes before you leave here and it really is not. It is a high-level plan of what you chose to experience and it is based on feelings and so it is not check all the little boxes, and it is not necessarily done in a linear fashion either. You may live many different aspects all in one life and people will refer to this as a feeling of starting completely over and doing something completely different; perhaps during what you would term a "mid-life crisis." You can have the freedom of movement to experience what you want to experience based upon the power of your own intention. The framework truly is very high-level so we do not want you to feel confined by this as to what you think your purpose is and that you have to struggle in that purpose and in that one thought. If you do not like what you are currently experiencing, then you need to set your intention and your emotion and your focus on what you would like to experience. This can free you of a lot of pain and anxiety. What tends to happen is people focus on what they want to avoid, which will cause that very thing to be drawn in. So if you have a painful circumstance that you would like to get rid of, then focus on the positive experience – focus on what will bring you joy, focus on what will bring you happiness – and try as best you can to set aside the anxiety and fear of the thing that you're trying to avoid. Do not give it huge amounts of attention because that will just bring more of the same. This is not new information but I felt that I needed to say this again to you because people tend to forget. They get caught up in the day-to-day and they don't remember the bigger picture. So that is just a little bit of advice that you try, and we understand this is not easy, but you try and focus on what you would like to do and what you would like to experience and not so much on the limitations and why you can't have what you desire, because you can. Things can move and shift, people can be brought in and out of your life to assist you, you just need to keep very focused on what it is you want to do and experience.

The Research Community

John: We've said that this experiment is in part a bridge to research science. I would like to know if you would like to say anything specifically to the research community, anyone in the research

community who might be viewing this, either now or later?

The Connection: We would like to let them know that in some cases they are on track with the hypotheses that they are currently looking into. We caution them, however, not to form hard, fast, factual rules about what they are observing, and to notice that as they observe, it changes. This can be crazy-making for the rational mind, but that is truly what is occurring. They need to be flexible in how they proceed ahead and how they test what they are seeing. Once a test is applied, the results are then altered. This is not what a traditional scientist would want to hear, or a skeptic either. They want this fact to be tested by this set of rules and for the result to always be the same result. That will then launch it into being a theory, and this will not apply here. They will need to come up with new powers of observation and need to understand that they truly are looking at something that is moving and is changing just because they are observing it.

Mediumistic skills

John: Let's turn from the afterlife information that we've been talking about for the last forty minutes or so, to perhaps a slightly different topic; one question that comes up quite often, matter of fact. It has to do with mediumistic communications; how channels such as Bonnie actually operate. The question is this. We often hear that mediums communicate in foreign languages for example, languages they've never spoken before, they know concepts, they seem to know concepts that are quite foreign, usually in the context of communicating through others as individuals, but how does this work? How is a medium able to talk in a foreign language? How are they able to know things they don't actually know themselves?

The Connection: It depends upon the depth and how much of the medium that we are availing ourselves of. This is a joint effort, agreed upon by the medium and also by us. If we were to take over on a very deep level, the medium would not have any recollection of what was occurring. In the case of this particular process that we are using, we are trying not to be too invasive; we also want the medium to be able to learn and grow in this process as well. But other people coming through can have different agendas. We are working in partnership. This is not always, and has not in the past always been the case. So

anything on a deep level that comes through the medium is coming from another source; they do not need to have any particular knowledge. In the joint process that we are using, we are actually tapping into the resources of the medium in order to bridge the gap of communication. So we need the medium to be somewhat conscious of the process without interfering in the process, so that we have the best of both, so to speak. And, just as with anything else, we are dealing with human beings and each one works in a little bit different manner than the other. We have chosen this one because this particular channel has an analytical mind. Even though she has not been involved in the scientific or research community, she does have a mind set that is conducive to the work that we are doing. So we are able to communicate not only to the scientific community but also to the person who is just trying to live their life in the physical world and might be looking for a little peek or a little glimpse of what might occur after they leave here. So we needed someone who had a wide range of abilities of communication and we do actually tap into the conscious mind of the medium and we can use words that are more comfortable in your dimension, your physical world, so that you are more comfortable. Others may question this, as to why would a channel use a “slang” word, for example, or even know what slang is. The way we know what that is, and the proper use, which sometimes we do get it wrong, but the way we know how to use it is because we are tapped into the subconscious of the medium and the medium does live in the physical world and the medium does have access to that information.

Flashes of White Light

John: Another question which I think you might find interesting, I do certainly. We have a question from a person who has been seeing flashes of intensely bright light, usually white but at times with edges of color. Extensive medical exams have come up with no reason for this. On occasion, they briefly find themselves in some other place immediately following a flash. Could you shed some light on what might be causing these experiences?

The Connection: There is truly energy around you all the time. There are people that are energy beings that are visiting from time to time. Just because you have exited and gone over into the fourth dimension, does not prevent you from visiting here. Although we hesitate to talk in

general terms, we can say for the most part what you are observing is a visitation from an energy being of some sort or kind. This is not necessarily a relative although it can be. It could also be someone who is just “touching base” so to speak, with what might be going on at the time. You can tell by the whiteness of the light because it does indeed have a light source behind it. This would not be the same as what people term as “orbs” that they see on footage. I assume that you are talking about an observation that you are seeing with the naked eye and the experience that follows. And you could actually, if you are intuitive enough, be getting a glimpse from that actual energy being as they travel past. That is entirely possible, that you would be experiencing that. The gap between here and there, or the physical world and where we are, is a very small gap. There are times when you can experience a bleed-through kind of situation. This may also be something that people are experiencing. And just being more aware when this process happens, now that you are familiar with the process, can actually augment your experience. So if you have a desire to do so, you may want to actually focus more on those events and perhaps you will be able to glean more information on an experimental basis for yourself, on one-on-one. There is nothing better than your own personal experience. You can listen, and observe and educate yourself via other people, but it is not the same as truly having that one-on-one experience.

In closing

John: We have been going for about an hour now, about fifty minutes exactly, and we've had quite a few folks on, people asking questions and I've also been asking questions as well. We've covered a whole number of topics today and I would just like to ask the The Connection, if they would like to say anything in closing.

The Connection: We would like to express our deep gratitude to those that participated today and we hope that we were of assistance to you in some fashion or other. One of the things that you may notice if you share experiences with each other about this particular channel and this particular process is that you all will have come away with something that was unique and personal for you. This is truly the sign of Spirit. For those that may be skeptical of this process, we completely understand that as well, we just want to be able to share with you and this is done

out of love and we hope that you get a sense of that. We deeply care about your experiences and we want to minimize the fear and anxiety that seems to be a common experience among many especially right at this particular moment in time. We hope that you will continue to join us and that you will learn and grow as we learn and grow with you. This truly is a joint project. We are not superior to you; we do not wish to talk down to you in any way. We want to extend our hand and to bridge that gap in between, and to share information. You have just as much of a contribution as do we. So please do not hesitate to participate. And we thank you very kindly, and we will meet again soon.

Spirit Advocate broadcast dated: March 31, 2009

Introduction

John: Today, we'll be communicating through The Connection using a principle of inter-dimensional communication, we're able to hear the voice of those who have passed and of higher guidance. It may be that these communications originate through a channel that connects dimensions. There's a theory of consciousness that we use this channel not only for spirit communications, but also for mundane things like memory itself.

Some may be more open to more than their own memories, this might explain how they might know what others are thinking, perhaps knowing the future and the past and even communicate in real-time with those in other dimensions.

Bonnie Vent is a Spirit Advocate who has for years been in touch with this other dimension and its residents. They have sought her help for various reasons, whether recently deceased or having left this physical world over a century ago.

Recap from prior week

Before I begin with Bonnie, I'd like to recap what happened last week. We talked with The Connection and they encouraged us to explore what we might want to do with our lives. They said, in several ways, we should not fear death; that the experience can be quite illuminating. They reiterated they are building a bridge of communication between our world and theirs. They focused heavily on the experience of life and living, and indicated that reincarnation is part of this overall life experience. That it is a joint decision made by each of us in cooperation with others, whether to experience life in our physical dimension at all, and if we do precisely what we hope to experience. They assured us that every transition is unique and that every attempt is made to do so free from fear. We briefly touched on suicides and what lies ahead for them. In any case, they said, it is not required that we experience that which we choose but it is often the case that we do. Scientists, they said, should realize things are constantly in flux, that

observation itself alters things, and researchers must adapt and develop new powers of observation. That was last week, as well other questions were answered; we hope to do that again today.

Now, Bonnie Vent and The Connection...

Introduction

The Connection: Greetings go out to all that hear and see this message. We are very grateful for the opportunity to be able to talk with you today and we are sure the questions are many. So we will try as best we can to respond to any questions that you may have. We do suggest any prior materials be reviewed because there will be a cumulative effect on the information provided. We are, as was said before, attempting to build a bridge. And this will be block by block by and step by step. So please be sure that you have looked at everything that has come before to the best of your ability. We do understand that, in your dimension, time is very important to you and you can just skim through, if that's all you have time to do. For those that may find attraction to this information, you may decide to go more in-depth. We will let you know this now, that the more you review the material, the more information you will glean.

Please continue on with us, this is a journey not only in your dimension but also in ours. You are participating in an inter-dimensional experiment – we do have a large number of people working on this on our side or dimension or whatever term you are most comfortable with. But we do want you to be aware that this is a group, it is not one individual, and it is certainly not the information coming from the individual that is sitting before you. She is consciously aware of what is going on but has no control over the words that are exiting her mouth. We would also like to say that this particular channel was chosen for her analytical abilities, and we have to balance that as we come through her, because she does indeed have her own mind and her own thoughts while this process is occurring – and this may be a question for those that are studying mediumship. We wanted to provide an answer even before the question was asked, because we are sure that at some point that question would be asked. Last time we met there was a question asked about the depth of use of the channel, and we wanted to say again that the channel is completely safe during the

process, that she is conscious but is not able to communicate directly to you; we have taken over that area. It is completely fine, she is completely safe and we are not controlling to the point where she does not have any conscious memory, she absolutely does. This is a learning process for her, for you, and for us all as a team. At this point, we would like to open it up for any questions. John is always good with questions, and so he will probably wish to start. If you have any additional questions or if this brings up a question for you, feel free to let him know and he will pass that on to us.

Overseers to the physical dimension

John: We have the ability to collect questions via e-mail. We have some of those questions are here today and we'll ask a few of those and others of my own. Let's begin with one of the e-mail questions. This one has to do with the transition process we discussed quite a bit last week: "As we pass to the next dimension, is one's concerns confined to this planet system, solar system or galaxy, and what else do you do there besides being concerned with our physical dimension?"

The Connection: We are somewhat of an overseer to this dimension - we do spend a large amount of our time here. It is an interesting question that you ask because it is our choice to do so, it is not mandatory that we do so. There are others that do indeed decide to go off into other realms. This would be a little confusing to bring up today, perhaps. But to answer your question in a broad sense you really can go wherever you can dream is perhaps an easier way to put it for you. It is driven by the power of intention. Your dimension is as well except that you have the restrictions of your physical bodies. This truly is a very large restriction. We do not have that, so if we intend to go off and explore outer space, then we can indeed do that. It is just energy, it can be projected wherever it decides to go, and that's probably as far as we want to go with the discussion on that topic today. But perhaps we will explore this again at a future time.

What is it like there?

John: I'm sure people might be interested in understanding what it's like to be there, that was kind of at the heart of the prior question. Can

you describe, in the best terms you can given that we're probably talking about something that is non-physical from our perspective, what is your place like? What is it like to be where you are?

The Connection: Firstly, it is not a place in the way that you would deem it as a place. You need to keep in mind that in your third dimension reality there are places and locations. Those labels are placed upon those for an agreed upon consciousness. So if everyone knows that the State of California is in a certain location on a certain map that has been agreed to in your third dimensional reality. We do not have the constriction of the physical and a “place” is a physical location. We struggle with this in our communications with you in trying to call us or label us as being in a particular dimension or a particular place because that is something that is necessary for your comfort but it does not exist as a term here. We understand that is confusing and may even cause some anxiety. Truly, “here” if you want to use it in that sense, or our “place” is one of complete freedom, so there is no location or place. I hope that makes sense, I know it's probably confusing.

What is it like to be there?

John: Thank you so much for clarifying that. Let me ask the other part of the question which is “what's it like to be there?” To exist as you do, what's that like?

The Connection: Not so different from where you exist. We do have tasks and jobs and projects and things we do to further our growth. And for the most part we enjoy those tasks. We do not put ourselves in situations that we do not enjoy. It is truly about the exploration, and if we want to delve into things that we cannot do here then we might take an option to reincarnate into the physical realm to exercise those particular experiences. We always have that as an option and part of our learning and growth if we so desire, but we do not have to do that. We do, however, have to continue with our growth and our learning just as you do. So we do put together things such as this project that you are participating in today as a way for us to grow and learn and maybe establishes communication between the two areas. There are similarities but there are also a lot of differences. There seems to be a very strong desire in the third dimension to have an understanding of where we are and this is a very nebulous thing we continue to struggle

with. But we do understand your desire to want to know, we have the same desire to try and share this information with you.

Soul Splitting

John: Again talking a bit about transition, another question that has come to us through via e-mail, “are new souls being created for the first time in the physical dimension? It certainly seems there are more souls now on planet Earth than in anytime in the past. Does this explain the conditions we experience in places like Africa for example, where survival itself is an issue?

The Connection: There seems to be two questions here. One has to do with the age of the soul and the other has to do with whether new ones are created. To answer the first question, yes there are different ages of souls and different experiences they carry with them when they reincarnate from the physical dimension. So even though you may not have conscious memory of past lives, you do carry information with you that will cause you to have different experiences each time that you come in. There are new souls created in a sense. They are not “brand new”, they are actually offshoots of an original. So it would be more of a fragmentation than what you would consider to be a brand new soul. But just as you will see cells split from one to two to four and so on, the same thing can also occur with the individual souls that come into this physical dimension.

DNA and Soul Relationship

John: Following on that, something just occurred to me as you were talking. In our dimension we have this concept of DNA, building block proteins of life, of physical life as we know it. Is there a similar thing for souls or is there a relationship between DNA and souls?

The Connection: There is, in that there is an imprint that comes with you when you are born into the physical dimension, and DNA is loaded with the necessary information for experience. This also includes diseases and a predisposition for those diseases that may or may not manifest depending on the intention of the person and what the person came here to experience. So they are indeed directly tied together.

2012 and the Mayan Calendar

John: We move now from transition and past lives that we have discussed before to something in a totally different direction, again from our e-mails: "Why does the Mayan calendar that proceed way after the end of the Mayan civilization, come to a sudden stop in 2012?"

The Connection: We have observed a lot of discussion about this and we do not exactly have an answer for you either, and we wish that we did. There are major Earth shift changes that are going to be occurring and have already started over the next several years. At the time the calendar was created, they were able to foresee these changes because they are cyclical changes of the Earth itself. So they were looking at a pattern. There was a decision made to stop at this point because they really were not certain what might be occurring after that particular point in time. It is almost the end of their horizon to be able to foresee, and so please do not be alarmed that because the calendar ends that you will end. This should not be the case. Even if there were catastrophic events occurring in the physical dimension, you may be set aside in a completely safe dimension, such as ours and when it is safe to do so you might go back into that third dimension or we might decide to relocate somewhere else. You may have noticed that some of your scientists are looking at other planets that are close-by and whether they could sustain life as you know it to be, and certainly that is an option as well. So do not be afraid that you will cease to exist because you will indeed continue on. You may not necessarily have a physical form like you do now, but all things will be accommodated.

Extraterrestrials

John: You touched on a topic that is of great interest to a lot of people and that has to do with extraterrestrials. Is it correct to say that extraterrestrials exist and following on to that would I be correct in saying that their realities manifest in a way quite similar to ours, in the general case?

The Connection: They do, indeed, exist. We do not have much

interaction as our focus is on the human being. But we can say from our higher-level point of view that yes, indeed, they do exist. Every once in awhile they will come into the physical dimension where you will be able to see and observe them, and how could it not be true with the overwhelming amount of anecdotal evidence? So, to think that you are actually alone in the Universe might actually be something that could be disturbing to you. I would think that it would be comforting to know that there are others and that they are different. It is an opportunity to see and grow and learn what goes on with them and their realities. This may be something that will be looked at in the very near future, but right now the overwhelming fear needs to be set aside so there is at least an openness to go and look and explore. The concept that they will be hostile or that they will come and take over comes from your Hollywood movies of old, and those stereotypes can be very hard to break. Certainly there are some that indeed might have that intention, so you need to proceed with caution as you do with any new realm that you might wish to explore. But to not open the door at all would be truly a loss of a great opportunity. So we are indeed glad to see that scientists are looking at other earths and what may lay out there beyond this planet. There has been a delay in this process, and it seems to be back again and is moving forward in a quicker fashion than it has in the past. So this is all good, and pay attention to what your scientists are willing to tell you. Because truly if they are telling you they have already checked very, very carefully before they say anything to the public. So pay attention. Don't just dismiss as "I don't believe in.." and fill in the blank. Always keep a little bit of an open mind as you move forward. There are many other realities, all right next to the reality where you are. And on occasion, they do cross. So embrace the opportunity, don't run away, don't be fearful. But also use your intelligence; don't put yourself in harms' way. I hope that is clear.

What is Karma

John: Yes, thank you. One of our viewers asked: "What is Karma, and why is it defined in so many ways?"

The Connection: To us, and you are correct: it has many meanings to many people.. To us, Karma is something that was put into your imprint before you came into this dimension. Others consider Karma as a punishment; you did a bad thing in a past life and now you have to pay

the price in this one. We do not have that belief system, it is truly about the learning. We have no concept of “good” and “bad”, and these items that one would consider to be paying off of bad Karma. We suggest that you look at it in a different light and that you do not have any of those restrictions. In some ways, it is used as a crutch: “I’m living a sad life because of my bad Karma.”

This is not the case at all. You may be living a sad life because someone told you that you are paying off bad Karma. You are focusing on that thought and you are drawing that in to your reality. Truly, drop anything that you consider to be carry-over from any other life and focus on what is right in front of you. You can change anything in your imprint now; you have the freedom to do this. In past incarnations, this was not the case. But the energy has shifted to a degree that you truly can drive your own path in life, and do not let these obstacles hang like anchors off of you. Free yourself of that, get those thoughts out of your mind as best you possibly can. Look at what is directly in front of you, grab opportunities as you see them, don’t look at them and say “Oh well, I can’t” for whatever reason. Yes, you can and you will. You just need to set your sights, and to try and to focus and to not give up. People tend to give up if something does not happen immediately. It can take time to shift things around to a point where those opportunities can come into place. So we suggest that you try and be patient but also persistent. Don’t sit back and wait for things to come. You need to be proactive to generate additional opportunities. And if an opportunity should fall away, try again. It is just a matter of getting the correct alignment with everyone in cooperation to bring that opportunity into fruition. Do not say “Oh, I don’t deserve,” or “This must not be the right thing.” You may just be suffering from a little bit of a timing glitch, which in your dimension is very meaningful; is not meaningful in ours, and truly glitches do indeed occur.

So please do not think that you have to suffer with things from your past. That also includes anything that may have happened to you prior in this life that is preventing you from moving forward. Those are excuses; drop them and just continue on with what you currently have today. Know that you are safe, know that you are okay, know that you are loved and just continue on from here.

Meditation

John: Following on to that slightly, some suggest that meditation is useful to accomplish one's goals. What in your opinion on the reason this works?

The Connection: Simply, mediation is a way to focus your energies. People will often say that they can't do mediation because their mind is too active. The thought of emptying your mind for mediation might actually be helpful if your guidance is trying to contact you in some fashion, but they are not allowed to interfere. So you may want to, if you have not done this already, adjust your meditation to one of focusing energies, concentrating on what you would like to experience, and then asking your guidance to come in and assist you. That is their role, that is their responsibility. You can indeed hear messages from your guidance if you have asked for that to occur. Don't empty your mind, as a matter of fact fill your mind with what the tasks are ahead of you that you would like to accomplish, things that you would like to overcome, things that you would like to release from your past, and let this be a time to come together with your guidance, and set aside the day-to-day physical world to regroup and decide where you want to go next. This would be the most beneficial use of this.

Guidance and Intervention

John: We've talked about guidance quite a bit, and that brings up an obvious question. Who or what is individual guidance? Are they individuals, and do we have personal guidance?

The Connection: That can vary depending upon the requirement of the person in the physical dimension. For the most part, and we don't really like to talk about generalities, but we will for this exercise. For the most part, you have multiple guides that are responsible for assisting you in getting through this process. We understand living in the physical dimension is a very difficult task for an energy being. There is a lot of restriction, there is disease, there is mental illness, there is pain, there is suffering, there is a lot of arduous things to try and get through and to learn and grow from. It would be very unfair to turn you loose into the physical dimension without any assistance whatsoever. And we do not do this. So depending upon how challenging and how much the person

wants to experience in the physical dimension will have an effect on how much guidance and how much interference that guidance may or may not have. For the most part, we do not interfere. We can, however, sometimes rescue you from physical harm, and this has been reported by people as being rescued by an “angel” or some unseen force. So we can intercede, but we're not supposed to for the most part. If there is a compelling reason to not let you exit prematurely then we can and sometimes do step in and ensure that the physical body remains viable. This is why we say to you that being in contact with guidance is very helpful; it does not necessarily mean that you have to hear them, because they can hear you. Really it is a question of setting the intention to open the door to allow them to assist you. This does not mean that they are to do everything and live your life for you, either. Sometimes people feel that their guidance has let them down because “oh, this painful thing happened and you didn't save me from it.” It is not guidance' job to save you from the tasks and the challenges that you have come here to learn. So it is not that life is unfair, it's that we are allowing you to experience what you agreed to experience; you have just forgotten the agreement. We understand that may seem unfair, but there are some things that people continue to go through unnecessarily. Once you have gone through the experience once, you may not need to go through that experience again. Which also brings up the question of Karma, and “why do the same things keep happening to me over and over again, is must be Karma.” Well, it isn't necessarily but you can ask to be released from particular tasks once you've gone through them if you feel you have learned the most that you can learn from that experience. And truly everyday is full of decisions and choices. So we suggest that you look very closely at the choices and the decisions that you make and that they are made with what is currently going on your in your life today, not what happened in the past, and “oh, this must be the same as this thing that happened in the past.” Because if you put that connotation on that event, it will be the same as what happened in the past. Once again, be very careful with your thoughts.

Free Will

John: Much of what you've said suggests the existence of free will, and that there is a design, but it is an elusive design. It might be useful to say a few words about the relationship of free will, even though you've touched on it a couple of times already for the benefit of our many new

viewers.

The Connection: To continue on from the last question that was asked, and actually I think it's a combination of many. Some consider free will of making a decision, and that's my free will, and that's what I'm going to do, I made a conscious decision. But, your mind is running every waking moment. And you will be thinking thoughts that if you were to verbalize them you would say "oh no, I don't really think that," or "I don't believe that," but the conscious mind is the conscious mind. Whether it be spoken or whether it be thought, it is still the same. That is why we caution you to be careful of your thoughts, because you may think thoughts that are counterproductive to yourself or to others. You may wish people ill will and be surprised later on and maybe even mortified that the person you wished ill will upon is now suffering an illness and did you have something to do with that? That is all part of the energy pattern that you put out. And you do affect everyone around you with the energy that surrounds your body as you walk through the physical realm. And so "free will" is not just "I consciously decided and put down on paper or verbalized that this is what I intend to do," it is also those innermost thoughts that play in and can actually be very ruinous to what you think your free will is or what you were trying to accomplish. This is why we caution you that you get your thoughts in alignment with your physical action, your spoken word and what you are writing down or putting down into the physical form. They all need to be in alignment to take you to the next experience. If they're not in alignment, then you will get a static sort of an effect. You will get a little of this and a little of that, commingled. And this is where people get into "well, am I just doing this because of bad Karma, why am I going through this experience again? You may be inadvertently in your thoughts causing a free will effect saying that you want to go through that experience again. You may be doing this by what is termed as "living by process of elimination," which is "here's what I do not want to experience." Well, your thought forms do not know the difference between what I want to experience and what I do not want to experience. They only know the context of the thought. So if there's something that you truly do not want to experience again, then don't think those thoughts, don't think about that experience. Think about the things that you want to experience. Think about joy, think about happiness. If you dwell on past perceived mistakes or past trauma, those will just continue on into your present and into your future. You need to make a break and use whatever means you can to do that. Whether it be meditation to clear those, whether it be energy

treatments, whatever it takes to get your conscious mind focused more on the present and what you want to do next, as oppose to dragging the past behind you. But this truly is what free will is: it encompasses everything that you think. And if you ponder that, you will realize that some of the thoughts that you think in your day-to-day process of living are not necessarily to your best good.

Pennies from Heaven

John: I'd like to shift from the highly mental experiences in your dimension and ours to something highly physical in nature. Many people have reported seeing things move for unknown reasons. It has been reported that people were playing cards together and all shared stories of things moving around and being manipulated they thought perhaps by other individuals, unclear who. Examples of these things included finding pennies in unusual places, music boxes all belonging to the same family in multiple parts of the United States all playing at the same time, even finding dog biscuits from a dog who had passed years ago. Any thoughts or insights to any of this?

The Connection: Those occurrences usually relate to what you would consider family members from the physical dimension who have crossed. Some can make a decision to try and communicate back; they have to have the ability to do so, not all people have that ability. So if you have not heard from a loved one, please do not be offended or think they don't love or care about you, they have just moved on to the next set of experiences. Some do decide that they want to overlook or see what is going on in the physical realm with people that they interacted with when they were there, and they will indeed try to get a message to you in a way that you will understand. These are very, very common, and sometimes dismissed as not being relevant, or thinking the person couldn't possibly have done this. These are genuine, valid, and real experiences. They are yours to enjoy, they are a little blessing from your loved one. Embrace those, there normally is a feeling that is associated when these physical occurrences happen. And if you take your first instinct, it is one of love and you can sense that person in whatever form that you knew them in when they were in the physical realm. It truly should be a joyous thing to have those experiences. And embrace those, they are very special. They are not easy to accomplish; it is not easy to manipulate the physical realm when you are a spirit

being. But it is indeed possible because all things are energy, including the physical realm. So it is not impossible, it is a little bit difficult however. Not everyone is capable of manipulating the physical realm. So please enjoy those experiences. Animals do have a space here, just like human beings do. And if they were very, very tied to their owners, which in a lot of cases they are, they will leave their little messages as well. It is more common for animals to come into your dream state. So if you are dreaming about an animal who has left your realm, and it is very vivid, then you should consider that their way of trying to communicate back to you to let you know that they are fine and that they love you still. There again, you should embrace these, they are very joyous events and they are meant with love and we hope they are received in that fashion as well.

Spirit Communication

John: Speaking of those who have passed, we have been in the past been quite fortunate to have been joined by those who have passed and shared their own experiences. We talk about them often and occasionally they do come through in these sessions. What state are those who communicate with us in when they actually speak with us? How evolved are they, what has happened to them relative to transition and so on from your perspective?

The Connection: Through this one channel you are getting people that are in assorted different states. Some are still tied to the physical realm, looking for resolution of some sort, and we have mentioned this before, that this is an emotional based place, or whatever label you care to use. These people do genuinely care about the completion of the last life and that things are orderly or if there is something that is unfinished they will make every attempt to try and complete it. So, there is that. There are also those that have come through this channel that have completed their process; they are not wanting necessarily to oversee or be in the physical realm anymore, but they have agreed as part of a learning experience for those in the third dimension, to tell you about how they left your dimension and what happened to them shortly after that. There seems to be a lot of question about the transition process: and is death painful, is death something I should be afraid of? And so, who better than someone who actually has gone through the process to talk to you about their experiences? But we do have to say

that it is a personal experience, and each one is different in the ending as well as what happens to them during the transition process. It really depends upon where you were at the time in your evolutionary state; was it a sudden death or was it a long illness; did you have preparation time before you left the physical dimension or did you leave the physical dimension suddenly? So all of these things are taken into consideration, as well as your guidance which comes back over with you, and the information that has been gleaned while living in the physical dimension. So it is a debriefing process as well as a way to acclimate you into the dimension where we are, where you do not have the constraints of the physical body.

Language

John: Speaking of communication with a spirit guide, this question came in: "Is there a universal language if one wants to speak with a spirit guide. Can we speak English and they will understand or will an Italian ghost or guide speak Italian?"

The Connection: The language is one of telepathy and it is a feeling language which is why there is no issue with the country you reside in and what the language is of that country. When talking with an individual who has exited, they might indeed communicate in their native language, but they might also be communicating in a sense of feeling. If you talk to people who channel or who are mediums, they may also say this to you, that they get more thoughts and feelings and maybe visual pictures than they do actual language. Now this can vary and it does vary, there are no hard and fast rules. But if you're thinking that your guide speaks Italian and you speak English where you can't communicate, that would be a false statement. When you are communicating, you are communicating in thought forms that are wrapped in feeling. Feelings truly are universal and are without particular language. You can tell by looking at a person's face if they are happy or sad, they do not need to communicate that in words. If you are intuitive you can tell, probably several feet away from them, by their energy field. So things are being transmitted by energy and by thought form and by feeling. Language is not that much of an issue in that sense. With trance channeling, we try to use the language that is appropriate for the people that we are trying to communicate with. Therefore, we are communicating with you in English. We have said

this before but we will say again that we also tap into the conscious mind of the channel because the channel obviously has language stored and the words for us to use to convey information to you. So if the channel's native language were Italian it is highly likely that the language of the information coming through would also be in Italian. It does not necessarily have to be that way. If the channel is being used on a very deep level and the channel's conscious mind is not used then languages that the channel is not familiar with can indeed come through.

John: We're at a little over forty minutes at this point, and we've learned from experience with this particular channel that this approaches the edge of the time that we can continue to work without any ill side-effects. I'm going to ask one more time, if there are any questions please type them in, we'll ask one more question from our audience. Otherwise we're going to wrap up, because as we said we are at about forty minutes. Just for your information, in my study of mediums I've discovered that the average channel can run for about twenty to twenty-five minutes before you start seeing what is called a "decline effect". In other words the accuracy of the information declines. That has not happened with this channel, which is quite remarkable. We have no other questions, so thank you very much. If there is anything else you'd like to say from The Connection, I'll pass it over to you for concluding remarks.

The Connection: We would like to say that once we have completed these higher level questions and you have achieved a comfort level with the process, if you so desire, and we will leave this up to the parties on your side as well as ours, if it would be helpful to have individuals come through and speak to you about their exiting and process of transition, then we will start to gather those people together. They have already been chosen on our side. We are not sure whether or not at this point this would be helpful to you or whether it is no longer needed. So we will leave this up to you to decide as to whether or not this is something that would be beneficial to talk to individuals or whether you would like to continue on with the higher level questions and understanding. We are getting into a realm that you might label as "spiritual" which is truly part of this process as well. But we don't want to leave anyone behind that might want some information that relates to the physical world and the physical dimension and the transition between. So we will leave this up to you. You have the ability to communicate either.. in some

electronic form to John, and we'll leave it up to him to explain that to you. And please let us know what you would like to do with this next.

This is an interactive experiment. We are not here just to disseminate information to you, we are also trying to share information, and we would like to know more about what your concerns may be as it relates to the physical realm and your transition over into our dimension, or any other questions that would be around this particular area. We are very happy to answer any and all questions for you. We must say that we are not perfect as your dimension is not perfect, and there are differences between the two realms. We always try to convey this and we will say this again, the information either resonates with you or it does not, it is completely fine if it does not, and we respect that and we honor that, and so we ask that you always use your own powers of discernment when listening to this information. And that you go ahead and move forward with your lives, and we hope the energy that we bring forward provides you with something of a fresh start from here forward each week. We hope that you are able to sense this energy and that the love that we feel. That we truly are wanting to work in a spirit of cooperation with you. And, at that I will leave it until we meet again. Thank you for joining us.

Spirit Advocate broadcast dated: April 7, 2009

Introduction

John: Welcome to Conversations with the Dead with Bonnie Vent, the Spirit Advocate. I'm John Streiff. Today, we'll be communicating through The Connection using a principle of inter-dimensional communication, we're able to hear the voice of those who have passed and of higher guidance. It may be that these communications in fact originate through a channel that connects dimensions. There's a theory of consciousness that we're using this channel not only for spirit communications, but also for mundane things like memory itself. Some may be more open to more than their own memories, this might explain how they might know what others are thinking, perhaps know the future and the past and even communicate in real-time with others in other dimensions.

Recap

When we last spoke with The Connection they told us several things. They told us their role is that of overseers of our dimension, yet were quick to add they're not all powerful. They reiterated that they are not in a "place" as such, and reminded us that they are free of physical bonds. They explained a bit about reincarnation, and how new souls as such are not often recreated, but that souls are of different ages and branch when they return to our dimension time and again. They indicated that while we have little contact with them, extraterrestrials do exist in other dimensions. They advise setting fear aside but remaining aware of what is going on around us and suggest we pay attention to science as new findings emerge and are made public. There was some discussion of Karma and its role of imprinting as one continues in one's own life, and how this imprint reflects learning and the intent to experience things in each life, and again they told us to be proactive, patient and persistent in our dreams. We live our lives by intention, and we were again reminded to be careful of our own thoughts as they are far more powerful than most of us realize. We discussed a bit about spirit guides and why it is possible to speak in most any language with them. We learned that thought is in fact the universal language. Lastly we closed with an offer to bring through others that might have stories to tell us. We'll see if there are any who wish to speak today.

And now, Bonnie Vent and The Connection...

The Connection Introduction

The Connection: Thank you so much for that summary. And we do apologize for the lack of connection on what you refer to as “the Internet.” You would think it would be easier for that connection than for this one. This is a small joke, we hope you understand. We don't normally get involved with humor, but we did see humor in this particular event. *(There were technical difficulties with the live stream)* We would like to continue on today and once again we are here to build a bridge of communication between the individual, the scientific community, and those of us in our dimension that have a higher level look at what goes on in your third dimension or the physical dimension whichever you care to refer to it as.

We are open to any and all questions that are constructive in nature, and we are here to assist. There is no agenda other than to communicate and to bridge a gap to assist those that search for answers we can provide.

Time is short

We do once again say please do not expect us to be perfect, please do not expect us to be all-powerful; we just have a little higher perspective than perhaps you do. We will try, as much as we can, to give you examples in a third dimensional reality because otherwise it can be a little complicated for you to understand what we are trying to convey. Some people do understand that there is not linear time where we are, but we are fully aware that there is linear where you are, and time is indeed short – you need to make the most of the time you have – and we are here to assist with that, also to relieve any fears that you may have as to your current environment. Certainly the fear is increasing as you watch your television news and there are solutions to some of these things that you are seeing.

Empowerment

Mostly what you can do on an individual basis is to set your sights on what you came here to accomplish, and make sure that you don't delay in getting those tasks done and completed in the most expedient time that you possibly can. This will also cause you to feel empowered and we want you to have that feeling of empowerment. We do not want you to feel that you are the "victim", and truly there are people that are feeling that way. You do have power, you do have control, and once again you need to be very focused on your thoughts and what you want to do. Make sure that you try and take as straight a line as possible to your goal. You don't really have a lot of time to sidetrack here and there. So stay focused, stay positive and go after the experiences that you want. So for now we will turn the questions over to John and those that are observing this, or hearing or reading this later on for your questions.

John: Thank you very much. Let me begin with one we got through our other source, which is through e-mail, We talked last time about transition and moving about between dimensions and that may have motivated this particular question which goes as follows: "if my soul has sent a fragment 'Me' here to experience, may I assume the soul is connected always? Is there any force or circumstance that could break that connection?"

The Connection: That is correct, you are always connected, and this is going to be a little difficult to explain, the connection that you have is not left behind, so to speak, so the concept that I have left a bit of me behind and fragmented out into the third dimension would not exactly be correct. There are areas that you have decided to bring in with you and skill sets you have decided to bring in but there are other areas that, perhaps a word would be to say, hidden away or in your conscious sight. They are still with you, they are still in the physical dimension with you; they are just not of the physical dimension. That sounds confusing even to me I hope that helps. You're fully compact in any dimension, you are not split into fragments or parts; you are whole in the dimension that you currently reside in. It is just that there are areas that you currently do not have access to. I hope that is helpful.

Picking time of death

John: Yes, in fact that is quite helpful indeed. Following on that same theme of transition, once the condition of the body makes imminent death apparent, can a person have some free will over when we die? A couple of examples are given. A woman's husband was determined to live into a certain month and died the afternoon of the first day of that month, mistakenly believing that if he had died earlier she would have had to return the prior month's pension check. As another example, a lady in her nineties was in a hospice and repeatedly expressed a desire to die sitting up. A friend left the room momentarily and when she returned the friend had died sitting up indeed. Another example of cosmic humor, perhaps. So does it appear that people have some free will to control when they die?

The Connection: It really depends upon the circumstances, some people do and some people are taken quite unaware. If you're referring to a situation where the person knows for an extended period of time that their time is short, and the transition planning process is indeed taking effect in the physical dimension, then they can within limits, dictate a particular set of circumstances if they so choose. This is not true for all, it really is on an individual basis whether or not this will occur. Certainly those that have sudden death are unaware that they have hit that exit point until after they have crossed that threshold. There are however people that are being given the choice whether or not to go back or continue on with the process. These would be the people that are reporting "near-death experiences" where they were either encouraged to go back or they were given a question as to whether they wanted to go back. That is also a matter of choice and there is encouragement if the exit occurred inadvertently; it is not a perfect dimension, things do happen that are unexpected and once again if the body is viable and the spirit is willing to return, that choice will be offered to that person. We will give them enough reason as to why they need to return without telling the entire story, because we don't like to reveal too much to a person. This is about the learning process and about the growth and the experience. If we were to reveal all the cards, so to speak, that would take away from the learning. In a small way it would be like cheating. So we do not reveal all of the information; just enough to encourage the person that they might possibly want to go back. But it is still a choice.

Incarnate as a tree

John: Some have said that a soul might decide to take a rest from being human and incarnate for example, as massive redwood tree. What is your opinion of this? The questioner notes that she's experienced a powerful presence in redwood groves and is aware that driving through such groves blocks radio signals from cars, for example. Almost like a cosmic "do not disturb." What do you think about that?

The Connection: It is a slightly inaccurate statement to say that a person would incarnate as an inanimate object. They can decide however for a moment in time, to experience what it would be like to be a tree. They could in fact get into the tree fiber, or the inner workings of the tree, and experience what that would feel like. But they do not incarnate within the tree and dwell inside the tree for thousands of years. That would be an inaccurate statement.

Mass exits

John: One last question regarding transition and history in this case. We think about things like the Holocaust, and wonder how it comes to be, any major event, positive or negative actually. And many people have wondered did over six million people agree to be victims of a few hundred other people in the Holocaust experience, or was that an example of one of these glitches we talk about in the universe?

The Connection: These types of events do occur throughout history. Large numbers of people exit all at the same time. You will see this even in your very recent history of a few years ago where massive amounts of people all exited due to a tsunami. You also have people exiting due to earthquake. And in the United States a very prominent thing in history of 9/11 also would be in this category. And yes, these people all have agreed to participate. One of the things that you will notice is that there will be people that should have been at a particular place and time an event occurred, and for whatever reason they were not there. They were delayed, they had something else that came into their mind that they needed to do, they avoided the situation. This is the fine-tuning of this process. So even though you may have been destined to be at the location, if you were not part of the agreed-upon family that decided to have this experience as a group, you will not be there at the time that this event happens. It is a group event, all

individuals have agreed; they may not be consciously aware at the time that they exit that they had this agreement, but very shortly after they have exited they will become aware that this is something they had agreed to do. You will notice with the people that called their loved ones in the 9/11 event, that they were calm and they were at peace because on some level they knew that this is what was to be. Even though they might not have been consciously aware, they were aware on some level that this was their final moment. They chose that moment to reach out in love to the people that they cared about that they were leaving behind. Because truly it is sadder for those that remain than for those that exit.

For those that exit, it is the blink of an eye until the next opportunity, and they really do not have an extreme concern unless there is something unfinished. We were very happy to see that technology actually played a role in letting people release themselves right ahead of this major event. This is not something that has happened historically at other times in a similar way. And so, yes, it is a group that decides to come in and a group that decides to exit. They are aware if not shortly before, certainly right after exit, that this is part of the agreement.

Post-mortem Apparitions

John: You mentioned that one of the first times technology had been used was 9/11. Something struck me as you were saying that which reaches back well before the 18th century, well-recorded in the 19th century and that's called "post-mortem apparitions." Visions of the deceased who show themselves to relatives. Would post-mortem apparitions be another example of that reaching-out process?

The Connection: Absolutely, it is very common. For those that have experienced this, please trust us that you are not crazy, you are not seeing things, you are not just suffering from the grieving process wishing them to be there. Although you are grieving which is part of how this can indeed occur. If the person who has recently exited wishes to deliver a message and the family member is wishing for one last time to speak to that person, you can see very easily how that connection could be made. It does not always happen, and please do not feel that your loved one is not treating you well by not communicating back with you. It really depends on the circumstances and what might be

required of them as part of their transition. They sometimes will come immediately, other times it will be within a few days or perhaps a couple of weeks. But it is a very common thing for people to see loved ones right after they have exited. You are actually looking at an actual event, this is not your imagination. It is however driven by intention, and we say again, if you're intention is to communicate and so is their's simultaneously, then that will facilitate the connection being made.

Lower Vibrations

John: Moving to a slightly different topic, others have reported visiting dimensions of what they call much lower vibrations while in trance. They feel protected from some danger there while in that state. If we're in a third dimension, our vibration if you like, are there dimensions with lower vibrations? Do we evolve from there? And does this have anything to do with the myth of Hell that is so prevalent?

The Connection: There are lower dimensions, they do exist. We strongly advise you not to ponder this very much, because these are dimensions that would not be to your best interests to explore. In a lot of ways you are protected from these dimensions, unless of course you set your sights on experiencing things in those dimensions. It is where some of these... we hate to call them "myths" because they're not really myths, they are rare experiences. People will have a near-death experience and be in a very unpleasant place. And that, there again, can be driven by their intention of thinking that Hell is where they deserve to go. That will be provided to you, so please be careful with this. There are lower dimensions, there are lower-level dimensional beings that can on occasion cross over into the third dimension. There again, we strongly suggest that you not ponder this very much. We do not want anyone to be dropping down into those lower levels. People can and people do, but it is by choice, even though they may think that they are not choosing to experience that. They can just by a belief system that says that is what they deserve or that is what punishment they have coming to them. You could, I suppose, while in an altered state in another channel where the ... persons taking over that channel released that person of their physical body for a time, you could request or you could decide to go to those lower dimensions, that is a possibility. We just don't understand why you would want to do that. And truly it is not safe. Do not feel that you can dabble here and that

you are protected – it is best left alone. We hope that is clear.

Ghost Hunting and Demons

John: “Ghost hunting” is very popular now. Many times these people seem to come into contact, or report they come into contact with things remarkably similar to what you’re describing; they call them “demons” and things like this. If they are having real encounters is this is the likely reason, or is it not quite that simple?

The Connection: For the most part, what you are referring to is religious dogma, and the perception of the person is clouded by that dogma. So they are very quick to judge everything as fitting into that category, for the most part because of fear of the unknown and they can’t explain what they are experiencing. But these realms do exist. So we do not mean to say that they are not having valid experiences. But they could be misjudging the experience as something from the lower levels that truly is not. So you need to be very careful, once again, with this. We do understand that there are people that are wanting to specialize in these lower realms, and they leave themselves open to a lot of trouble in doing so. There again, they need to have a very strong belief system in protection if that is what they want to do. But to dabble in these areas for the thrill or the adventure would not be advisable. Some have done this, and they have gotten themselves into some situations where they have befriended some of these lower-level energies. This can and needs to be stopped to the best interest of the third-dimensional being.

Yet again, you need to have a very strong belief system in the power of the domain that you have over these lower-level energies. We’re struggling with this, because we really don’t want to spend much time talking about this. We are very concerned that it is so much in the culture right now of the darkness and the scariness that relates to the transition process. Some of it is because of this religious connotation and that these things are “evil” in nature; some are lower-level energies, and some are people just looking for assistance. They are crying out, and they are desperate, and they might be angry at times. That does not make them a lower-level energy – that does not make them evil. They are just very desperate and very emotional. You should really not be working in these areas unless you do have very strong guidance that

is working with you, and it is a calling. To be copying something that someone sees in the culture and thinking that it is just a “fun thing” to do and to replicate is walking in very dangerous territory. Certainly there are people that are doing this that would be happy to tell you that they have had bad experiences in so doing. We would hope that if your intention is to assist that you follow through with the intention to assist. This particular channel does do this type of work. But she works with people that have fallen off the track, so to speak, of transition and are looking for resolution to particular issues. She does not go looking for the evil and dwelling in dark corners. This is very dangerous to do. We are aware that there is a small portion of the population that is doing this as a recreational activity. We would hope that one bad experience would cause them to stop. We do not anticipate that us telling them that they should stop will be enough, they will probably require their own practical experience. But, they really should not tread in these lower-level energy areas unless they are there to assist and make correction, that would be the only reason to be there.

Individuals coming through the channel

John: That is quite helpful and perhaps even a bit prophetic. I would like to inquire of the channel if there is anyone standing by who would like to speak through.

The Connection: We did not prepare anything for this particular week as we felt the higher-level questions were probably of more benefit to the people viewing. We can, if you so desire, set this up at a future event. We thought that perhaps, talking with particular individuals might not be as helpful at this point in time. If this is a misjudgment, please let us know. We would like to hear from the audience that is listening as well. We can set this up, but we did feel that the communication that has been established is getting the point across to those of you in the third dimension or the physical realm and perhaps that you did not require speaking to someone who has recently exited. Please let us know if you would like to pursue this – we will set something up for you. But we want to be careful that we have the situation in hand when we allow individuals to come through, because they are individuals and not at a higher vibrational level at this point. They do tend to spend a lot of time talking about themselves and we are not sure if this is of benefit to those that are listening. So please think carefully as to what you would

like to experience and we can provide this if you so desire.

John: I think that is very much the case and we should set that up going forward. I think it would be illustrative and instructive and would be of interest to people in general as well, so let us attempt that in the future.

The Connection: There is one person who always seems to want to come through. And (laughs) she is very persistent. Because she knows you, John, and she knows the channel, she can take priority. I do have to warn you and the audience that she is a little confused about this process. We are trying to assist her. But she has no foreknowledge of higher-level energies until very recently. She did agree to be part of the process with us and has since felt a confusion and perplexed by what she is experiencing. We should share with you that what you are witnessing with her, and you have seen this and your audience has not John, but what you are witnessing is her transitioning from the in-between state where she currently resides up to the higher-level energies. What is happening is that she is losing some of her individuality and some of her issues which are causing her to stay very close to the third-dimensional realm. So she's now confused as to why she's losing some of her memory of her life here in the third-dimensional realm. She may not be the best person to talk to in this particular forum, but it is an interesting process. And we, and you John, and also the channel are in a very interesting place and time right now in watching her actually release some of these issues that are keeping her at a particular location. So, stay tuned for that part of the process. She wants to convey that she is still confused, that she is still looking for additional information about her particular set of circumstances. We do intend, and John and the channel do intend, to assist her in getting the information that she desires which has to do with the circumstances surrounding her death. We will be assisting her in gathering that information together. Once that information is provided she will then hopefully have a little less confusion and will be able to convey some of this information through this channel so that the information can be disseminated. So at this point we think probably best to let her talk to you at another time. She just wanted to let you know that she is standing to the side, that she is observing the process that she's still a little confused by it, but she's trying to get her emotions together and to gain an understanding of what this process is about. This will truly be to her benefit as well as everyone else who is a part of this particular set

of circumstances. We hope that's clear to you John, the audience may not be as clear as to what we're referring to. But it is a case that is currently being worked on, and has to do with a person who is still residing at the Hotel Del Coronado. We will just leave it at that for this particular point in time.

States

John: Is it correct to say that we are basically looking at three states? One being incarnate, alive in our physical dimension or realm, one having passed into a higher dimension or realm, similar to that which you and yours dwell, and then a kind of a limbo state? Is this where we find those individuals that tend to interact still with the physical realm but are not really part of it per se, not in the way that we are as incarnate, physical, walking around individuals. Should we get the most information about someone's prior physical life once they've passed as long as they're in that intermediate state and increasingly get less information about that and more about other things, perhaps not pertaining to that time, as they move on ultimately coming to a point where they merge into this collective called guidance, or something like it, and so we'll here about different topics. Is that pretty much all correct?

The Connection: That is pretty much the case. Some people transition very easily and they are no longer present in the physical realm. They may visit from time to time a loved one or someone they are caring about and want to see how they are doing. There are others for whatever reason, usually because they have questions about the exit itself – what happened, why they were in that set of circumstances, or they may have a long-standing point of anger that they just for whatever reason cannot release. This is true when you are living in the third-dimensional realm as well where you just can't release something. Someone has hurt you, you feel that there has been a transgression, you just literally carry that to the grave and beyond. These are the people that tend to wind up in these transitional states where they're a little here and a little there, for want of a better way of putting it. They do reach out to the physical dimension, because that's the dimension they just came from; that's where the answers are to the questions that they have. If they cannot let go of the issues that they have then that is what they will do. It will lower their vibration down closer to the physical dimension and others will become aware of them. As they release

these particular issues, or get resolution or make different decisions, they will get further away from the individual and the third dimension reality of being an individual. You will also notice in your interaction with people that are in this transitional type of state that they will remember the things that are bothering them very clearly and other facts they will potentially not remember. They will not necessarily remember times in their life that were pleasant or good or even keel. They tend to remember the dramatic events. They tend to remember the events right around the time of their exit or shortly before, depending upon the circumstances. So it really depends upon the individual. They can, at any time, choose to let go and to move forward. Some don't want to. Some really liked the place they were in the physical dimension and choose to stay there for an extended period of time. There's nothing wrong with that, and they're not looking for any resolution. You may be aware of their presence from time to time. They are an energy source, and if you are sensitive you may be able to detect this. You are getting to a point in some of your science where you might be able to start detecting some of this energy. We are not talking about the tools currently used on television shows. We are talking the things that are in the laboratory of the scientist, to be clear. The tools that you are seeing out in your culture are really of no particular use or validity. But it is interesting to see and to watch some scientists that are trying to see and to explore some of these energies that they have not been able to get their arms around before they knew what these energies are. So they are aware that these energies exist, they just can't isolate the source. We are hopeful that as things progress they will be able to fine-tune this process a little better and that will then bring this transitional realm a little bit more into focus for all to be able to see and to detect. Now there is some danger also with this, that people do have a strong desire to communicate with those who have exited. This could be disruptive to their life in the third dimension. So there may be a breakthrough, but it may not be available to the general population because it would not be in the best interests of the general population to have access to this. But certainly the scientists that are trying, yet again, to bridge the gap and extend a hand out to other realms, they will have access to some of this information. But it needs to be treated with a huge amount of respect. If not respected it could actually be dangerous and harmful.

DNA and the Weight of the Soul

John: This reminds me of some recent research that was done having to do with the orientation of strands of DNA. If one were to reverse them would time actually run in reverse and would things actually implode into anti-matter, causing radiation – fascinating stuff. Speaking of science in general, a gentleman, a doctor back in the 19th century was performing some interesting experiments on patients while they were in the process of dying and he made the assertion that the soul itself weighed about 21 grams. What is your opinion of this concept that not only is the soul physical but, that it also has physical weight?

The Connection: That can be a little bit complicated to explain. It is probably best to consider this to be a theory not a fact and there are very minor variations. It is a good attempt, but the wrong question was asked. The energy itself does have a tiny bit of mass associated with it which would cause a little bit of a fluctuation in the weight of the person. Also, there are physical things that happen with the body, the stiffening of the bones and the meat, I hate to put it that way, the meat that is the physical body does go through a structural change upon death. This also causes a fluctuation in the actual weight. So it is half true and half not. We like that the question was asked and we like that the measurement was made. There is a small amount of validity to what was observed.

Blurry Boundaries

John: Do you have any sense of why this boundary, between the realms, these vibrational levels as some call them, why it is so blurry?

The Connection: The focus level is very different. To try to focus with one's eyes, which are a physical attribute, to an area that has no physical attributes will cause a blurring effect. There are also higher vibratory frequencies at play that the physical body is not equipped to detect in any real way. That will also cause a blur, just as if you were to see something streak across the sky – it is faster than what your eye can react to – it will blur.

Summary from The Connection

John: So just a few points of summary here. That summary will come from The Connection if you have anything further to say, and then we'll wrap it up for the day. Over to The Connection for final thoughts.

The Connection: Once again, we would like to thank everyone who views this in what you call "real time" or at a later date. It does not matter when you view this, it will be as if it were in real time. There is no time where this is being so-called "broadcast" from and we invite you to look over the information more than once because you will indeed find new things the more that you observe. This is also going to be at some point in the future in a text format for those that learn more easily through written word. We will be accommodating this at a future time. So please stay with us and continue on with this. We do understand that you have busy lives and may not be able to participate in real time. We are very hopeful that the electronic connection will be improved in the future. This is, indeed, very new technology for you and we understand this. We appreciate the fact that we are able to do this work and have it be viewed by all that care to view it. This is a little different than the way it's been in the past, we hope that it makes it more convenient for all, certainly you are not having to pay for the privilege which in the past may have been something that was a limiting factor. So we are happy to provide this, and we look forward till we meet again.

Spirit Advocate broadcast dated: April 14, 2009

Introduction

John: Welcome to Conversations with the Dead with Bonnie Vent, the Spirit Advocate. I'm John Streiff. Today, we'll be communicating through The Connection. Using a principle of inter-dimensional communication, we're able to hear the voice of those who have passed and of higher guidance. It may be that these communications originate through a channel that connects dimensions. There's a theory of consciousness that we in fact use this channel not only for spirit communications, but also for mundane things like memory itself. Some may be more open to more than their own memories, this might explain how they might know what others are thinking, perhaps know the future and the past and even communicate in real-time with others in those other dimensions.

While it cannot be proven scientifically today due to limitations in technology, mediumship and inter-dimensional communication like you're about to see, actually gives us a way to know what may be going on in that other dimension through the subjective perception of the medium.

Bonnie Vent is a Spirit Advocate who has for years been in touch with this other dimension and its residents. They have sought her help for various reasons, whether recently deceased or having left this physical world over a century ago.

Now, here's Bonnie Vent and The Connection...

The Connection: Greetings go out to all who view and hear these messages. We are glad to know that additional people have joined us today, and we hope we can address any and all issues that you may have regarding the transition process from your third dimensional reality over into the area where you will reside after you leave here. We hope that we can minimize any fears that you may have about this process by explaining a little bit about the mechanics of it. We have done this in prior sessions and do suggest that you go back and look at the prerecorded material so that you will be aware of what has gone on in these prior sessions. We are attempting to build on prior information and continue to build. We also hope to get in contact with the serious

research community that is looking into things such as consciousness and does it persist. We can tell you that it does. It is more comforting to most to have a scientist to explain and prove this to you. We would like their questions and to work with them as well as the individual who may have some concerns for the transition process for themselves or perhaps someone who has already transitioned prior.

At this point in time we would like to open it up for any questions that you may have. This is our purpose, to answer questions to the best of our ability. We will try to relate those into the third dimensional reality as much as we possibly can. There will be times when it will be a little bit difficult for us to get it into a relatable fashion for you, but we will make every attempt we can. Please be also aware that you need to listen with what we call your 'gut feeling' as to whether this information is appropriate for you or not. We are not 100 percent perfect. There are things that can occur between our communication and the channel as well as your perception of what you are hearing and seeing. So we would like you to keep this in mind as you observe and as you absorb the information, that you always make sure that it is in alignment with your own guidance and your own thoughts and feelings, but that you keep your mind a little bit open to new ideas and concepts. So at this point we will turn it over for any questions.

Visitation

John: Thank you very much and welcome, again. For those who have joined us live, you may type your questions into the chat and I will be happy to relay them to the channel. We do have a question from one of our viewers, and it has to do with a passing which happened recently, has asked for guidance from this individual and wants to know if that person is okay and is that person around?

The Connection: In a generic sense there are loved ones that who have passed who will come in visitation. You need to look for very simple signs of that person. It may be a scent or some little small message they are trying to convey to you. It will be personal in nature under normal conditions so that it is something that only you and that person, or possibly someone who knows that person well, would recognize. We suggest that you take these messages into account – people do tend to dismiss them.

On a more direct level, yes, this person has come to you in visitation, they are around you and they wish you great amounts of love. They are a little concerned for you but know that you are okay. Also know that they are completely fine. They do have things that they need to be doing so they cannot spend all of their time with you. Which is what is so desired when a person leaves your life to go into another dimension; you want them there with you as much as possible. But they also have things that they need to do and accomplish. Please be aware of this as well and do not take it as a sign that they don't care for you because they absolutely do. He is completely fine; please do not be concerned about him in any way. And he is, like I say, a little concerned for you which is why you are sensing his presence. He wants you to move forward and to be okay with the circumstances that you currently face. I hope that this has been helpful to you.

Belief Systems

John: Thank you very much. We have a little positive feedback for you. This information is indeed meaningful to the questioner. I'd like to follow on to something else that has to do with this kind of information. It has to do with religions and the so-called "second coming", we hear about this quite a bit and talk of "raising the dead" as well. Does this have any meaning from your perspective?

The Connection: When you get into things such as this we have to be careful that we do not offend people and their belief systems. We do not mean this in any way to be offensive to those that follow particular religions but they are man-made and man-conceived. There really is no merit in our dimension where we reside. They do not exist, so we really cannot comment too much in this area, other than in your third dimensional reality you are able to create events and experiences. So even though they may not exist in the dimension where we reside, they could be manifested into your dimension if there is a collective thought. Certainly those who have this belief will find signs that this is, indeed, the truth. And those who do not have that belief system will find just as much evidence that it is not. It is a matter of perception and neither one is completely valid. You are creating your own experience. If you choose to create that then that is what you will experience. It is really a more simple process than one might imagine.

Big Bang Theory

John: Speaking of things scientific, do you have any insight to the “Big Bang”, the supposed origin of the Universe? Is this scientific myth, or what is the reality from your point of view?

The Connection: We cannot really speak specifically to the theory that you are referring to, but we can say that certainly there have been many, many occasions where there have been collisions between planets and foreign bodies in your universe that have come in and cause disruption. So this does have merit, we just do not have the particulars at this point of what the theory is, but certainly there is evidence that there has been major catastrophic collisions that have occurred in your universe.

2012

John: Following on to that, of future events, we hear specific years mentioned like 2012 for example. Are these concerns valid?

The Connection: Yes, actually they are. There are many things that are in transition within your third dimensional reality and also the planet itself. This is why we suggest that you take a look at the typical way that you operate throughout your day and your routine and what your priorities are, and maybe reevaluate. If you were to know, for example, that you had a very limited amount of time, would that potentially cause you to adjust your priorities? We hope that it would, and we hope that you keep in mind your first priority as to why you came here and that you are living in a third dimensional reality. Anything that you have a passion for, that you are not exercising at this point, you really should consider the possibility of bringing this passion more into the forefront during these final times. Truly, time is short. Time is always short. We do not mean to cause fear or be considered to be speaking in a negative fashion. It really is not negative from our perspective, it is all experience. It has no positive and negative. We are aware that in your third dimensional reality that you do perceive these things as pleasant or unpleasant, positive or negative. So we would suggest that you

detach yourself from the things that bring you fear and focus more on the things that bring you joy and enjoyment. And that you focus your energies on the things that you set in your life to do and to accomplish.

Unexpected Death...Why

John: Many people who have passings in their lives ask questions such as “why did it happen?” It is, as I'm sure you're well aware, a part of the grieving process that goes on there? Sometimes people feel for example, that perhaps deaths may not be natural, perhaps something happened. Which causes them to wonder how can I move on? How can I feel better about what happened? Can I find out anything from the other side? Is it something I must deal with? What do you think about that?

The Connection: It can be very, very painful and very frustrating for those that are left behind. But, for those that transition, the experience is one of coming home. Regardless of the circumstances of why they exited and have come home, they are still coming home. So there are, as we have discussed before, occasions where a person may have exited unexpectedly and they will remain behind trying to get resolution. This is completely fine, this is part of the experience and the learning experience, not only for the loved ones left behind but also for the person who exited. We understand that these are painful sets of circumstances but there is tremendous growth and learning that also occurs from this. As far as continuing to move forward, really it is a matter of can you release some of the guilt and the pain and the anger that is associated with this person leaving. You do run through an entire gamut of emotions during this process. Ultimately you come back to a place where you need to live out the rest of your life, even though it was your preference to have lived it with this person in your life and they are not there. They are really just a breath away, literally. So please keep this in mind. You can also spend quiet time talking with them, because they do indeed hear you even though you may not have the capability of hearing them.

There is a channel of communication which is no different really than the channel that you are looking at right now. You can do this for yourself. We do really strongly caution against bringing third parties in, unless you really do know that they have your best interests at heart.

First you really should sit down and do this yourself, and do this privately. Look for your answers within your own self and with your own guidance. People tend to look for their answers externally in other people, and that can cause tremendous amounts of frustration. So we strongly suggest that you get in tune with your guidance and also any loved ones that you feel may have had some unseemly set of circumstances occur; that you do what you can to assist them if they are truly seeking out assistance. The only way you will know this is if you sit quietly and listen. Set aside the guilt and the fears that you have, and just be quiet and just listen to see. If they do not have an issue, then you really should not have one either, and it will make it easier for you to release this and to move forward. If they do have an issue, then do what you can to assist them. There are always things that you can do with your guidance that will bring forth answers that can help you and be brought into the third dimensional reality and potentially help law enforcement. They are very skeptical about this, so you will probably need to rephrase it. Just say that you have a "gut feeling" about something, not that you have been in communication with your loved one. We hope that you understand this subtle difference. Again you want to get the message forward, but you don't always want to reveal the source of that message. This is unfortunate, but this is how it can be. So you want to be sure that you are in alignment with the person that you are talking to and meet them on their level. There are people that are involved with law enforcement that would believe you if you said that you had heard from your loved one, but you need to make sure that is the case before you open up fully.

Adjustments in the magnetic grid

John: Another well-known channel has been saying that it was sent to, quote "adjust the magnetic field of the earth" unquote. Scientists have detected changes in this regard. But, does this change affect only the planet, or is there a greater impact on humanity as well?

The Connection: The shifting of the grid affects any and all things in the universe as well as the planet itself. As you may be aware, every thing's connected with everything else. It's like saying if I extract a drop of water, is that drop of water not part of the ocean, for instance. It is a collective, everything feeds upon everything else. So it does affect any and all things around you. You are now starting to see signs of this, and

it has taken science time to catch up with what was being told many, many years ago. We are glad to see the validation is coming forward, because this will be helpful to people in making adaptations to the way they live their lives going forward. You will be seeing more of this. There will be more disruptions that will happen, especially things that are electrical magnetic in nature. You will find things happening with the Internet and the grids there, and just communications in general that happen on an electronic basis. There will be more static, more interference that will be occurring in the future. We do suggest that, although people love the ability and we are using it today to broadcast information over the Internet, that you look at alternatives for this as well for communication. Indeed, these systems may be down in the near future and not available to you. So please, look for other ways, and have your scientists look for this as well. You do not want to base everything on electricity, which is currently how this is based. There are other areas that are magnetic in nature that are self-sustaining that can be used to generate electricity in a different way than what is being generated currently.

Solar power is another way of generating electricity. Unfortunately, these newer ways of doing things are “free”, therefore corporate America has no desire to invest in them. But, as individuals, it would be wise to take the time to learn about these new technologies that are coming forward, to see whether it's something that you can incorporate into what you're doing in your day to day life. This will make the transition a little smoother as we go forward, and will be helpful to you. We also suggest that you look at situations where you can sustain yourself for extended periods of time without being dependent upon other resources. You may have noticed there has been a lot of talk lately about having your own garden and growing your own food. This would also be a very wise thing to do going forward. And it could not hurt. It also, on a spiritual level, can be very relaxing for you and a kind of meditative process, to spend some time actually working in the soil. So please do not be fearful that we're saying this. We want you to be prepared. We hope that you will take this to heart. You have been given an example on a national level in the United States, we are hoping that everyone will pick up on this example and do the same. If you are in an area where you cannot grow food because you have no soil or no land, then we suggest that you get together with others and create gardens wherever you can.

Vibrational frequencies

John: To stay with the “magnetic grid” concept for just a minute, we talk about “vibrations” quite a bit. Spiritualists talk about “vibrational frequencies”. And we said earlier that a well-known channel had been sent to adjust the “magnetic grid” of the Earth. Is that magnetic grid referred to by that channel and vibrational frequency we hear about in the Spiritualist world, higher and lower vibrations, things like that, are those two things associated?

The Connection: They are. It is a minor adjustment that causes major changes. You may have noticed people talking about how their day seems to “fly by.” This is actually occurring. Even though in your three-dimensional reality your clocks are still moving at the same pace, the human being is actually moving in a different vibratory frequency. That is what is causing the difference between the “actual time” as you would put it, and the perceived time of the human.

Dimensional effect?

John: You also pointed out that things occur in natural cycles, and that this is not really that unusual at all. That brought to my mind an intriguing question to ponder, if things in our dimension as we know it were to come to an end, what effect would this have, if any, on your dimension?

The Connection: For us, because there is no concept of time, it only has an impact initially. Which you are looking at the preparations now. This is why we are coming forward and we are trying to get people prepared, talking about the transition process. There will be quite a few people all transitioning, all at the same time. It is part of our task and responsibility to assure that people transition as smoothly as possible. As you may want to consider, if you have more people coming over than you normally do, this will have an impact. So we are starting now. Some people will not transition as quickly as others. This depends on what your life purpose is and what you set out to do. Some people are already making decisions in this nature as to whether or not they wish to remain here or whether they want to exit now. Certainly you are seeing in your news that there are people that are choosing to exit now.

There are also people that are choosing to come in during this time. And it might defy logic to some that there are so many babies being born during such a difficult time. But, there are spirits that wish to be here during this very transitional time. So they have actually chosen to come in. Whereas those that are already here have a choice to make as to what they want to do going forward. This is why we tell you to please work on your path and the reason why you are here. Because so many are focused on keeping that job and paying the bills and those have nothing to do with your spiritual growth and your path. We do understand that you need food to eat and you need to have a comfortable place in which to live, and so we suggest that you try and balance these things out, and not worry so much about the job situation, because that can truly be crazy-making. It is causing a lot of fear and frustration in a large amount of the planet. But not everywhere, because not everywhere, we want to point out, works under those sets of rules. We suggest that you look at the fact that there are other civilizations on the planet that do not spend time on the freeway going to their job and trying to pay the bills. They live off the land and they live a more peaceful existence. Certainly this can be an option for you as well.

Making choices

John: You spoke of making choices, spiritual growth, things of that sort. Are these choices always obvious or known to the people making them? Or are they making choices in ways they don't even comprehend at the time?

The Connection: Some people are awakening to the fact that they are responsible for what they experience. Others seem to feel that it's external causes that are creating these experiences. It really depends upon how consciously aware you are of your thoughts and what you are drawing to your realm of existence. This is much easier said than done. People tend to get busy with other things going on their life and they're really not focused on what they're thinking about, but the fact is that most people think predominantly negative thoughts throughout the day. They don't think they are worthy or don't deserve to have what they want to experience. And so they will wish for an experience and then negate that wish with "oh, that's never going to happen." They live in a state of continual frustration, because they have wished, the wished

back the original wish, if that makes any sense to you. So we suggest that you just put out, "here's what I want to experience." Don't put afterthoughts that will circumvent that original thought. There again, harder to do than what we are saying. But the more aware you are, the better off you will be and the more successful you will be. But again, please be careful of what you want to experience. Please don't be harmful to someone else by wishing what you want. This should not be done in a selfish way, but should be done in a way that is for the common good if at all possible. Don't be wishing for material possessions. Unfortunately there was information that was provided to the planet, and it was used as a marketing ploy "oh, well if you just set your intention you can have the mansion and you can have the yacht." This is not what its intended for; for most it did not work out very well. For those that sold this information certainly they wound up with the mansions and the yachts. So please be cognizant of the fact that it needs to be for the common good. You need to be sure that there is no harm in the thoughts that you are projecting out to others.

Connections with Loved Ones

John: Thank you very much for that. Do we connect in the third dimension with loved ones who were with us in this lifetime and will those feelings be as strong for each other?

The Connection: The feelings tend to alter and shift a little bit. So, in a literal sense I would have to answer "no". But if you are concerned will that loved one still be a loved one, of course. It has been given to your third dimensional reality by other sources, and this is completely true, that people do tend to incarnate in family groups. So you will find that as you live your life there are people you have an instant connection with and, even though you may not see them for extended periods of time, when you do reconnect it's as if no time had gone by at all. And so if they are a member of your family group, then they will stay a member of your family group; you will always have that connection with them. Connections never really cease even though you may have severed physical connection with a person, for whatever reason that may have happened, perhaps something painful associated with it. You will still always have that connection, you will still always have that experience. As you move forward and reincarnate into other lives those connections

still stay there. They are never gone: I hope this is clear. It's a little difficult to convey exactly how this works, but yes you will have those connections. Now, people feel a certain amount of guilt if, for instance, a husband has exited prior and they have remarried and they wonder, now I have two husbands that are going to be over there on the other side when I cross potentially, which one is going to be my husband? It does not work in that fashion. The relationship associated with the connection may actually fall away. So you will still be connected, there will still be love associated but you will not necessarily have that label as being your spouse, or your husband, or your wife, or things of that nature: sons, daughters, grandparents, that sort of thing.

Channeling

John: The spiritual family is obviously quite large and quite broad. And connections to it are quite broad as well. One of our viewers is interested in channeling and asks a series of questions: how do I get started, how would I contact someone to channel, to learn to channel? I guess that means, and perhaps the most important question of all, how can I be sure the person I was channeling would be trustworthy and safe to channel and trustworthy?

The Connection: The questions are actually addressing multiple aspects of the channeling process – this particular channel does indeed work on those levels, so perhaps would be able to better explain than we can, but we will tell you from our point of view that we actually select the people that we choose to work with on a channeling basis. For the person that has the desire to channel, you need to look at, on a deeper level, do you have the desire because you have a calling for it? If you are in that particular category, which this channel is, then you will be given information - via your guidance – as to how to open up and how to do this. This is really a matter of setting a conscious intention that this is indeed what you want to do. It does also need to be in alignment with your life path, so that is why you don't find everyone out there channeling, because that could be very confusing. There are a few people that have information coming through, but you can on an individual basis always be in contact and in channel with your guidance – we suggest that you start there. We also suggest extreme skepticism on classes that teach you to channel because that is not our experience as to how this process works. Truly, all that they could teach is to open

yourself up and be available to be a channel to establish those connections, and that is something you can do without the benefit of a teacher. As far as your safety, there again, look to your guidance; they are in this incarnation with you, they are there to assist you – you have to ask for assistance otherwise they are not allowed to interfere. If this is something that you want to do – that you feel you have a calling to do – then get with your guidance and express that this is what you would like to do and this is what you would like to experience. It is a process and it can take some time, and you do need to be patient with the process and let it unfold in a natural way for you. Each person is a little different as to how they interact with these other energies. So, there again, listen to that inner voice; if you are being given direction then follow that direction if it resonates with you in a positive way. If you are uncomfortable in any way then do not proceed with the process until such times as you feel comfortable. You need to feel a solid feeling, a solid confidence, that what you are doing is the correct thing to be doing. You also need to be very careful about the information that you provide. Some people use channeling as a way to do readings for individuals, and the accuracy level may not be what it should be. There could be harm caused to the person who is receiving the information if it is not correct. So you need to have the best of intentions as you move through this process.

There again, search within yourself as to why it is you would want to go down this path – is this the correct path for you – and then get with your guidance who will assist you in the connection process, if this is truly what is meant to be.

John: Would you say that the interest in channeling as the prior questioner exhibited indicates an intention to channel, perhaps a subconscious intention to channel?

The Connection: Not necessarily, one must look within to see whether that is part of the path. There can be an interest, there can also be a “me too” type of attitude of “I see others doing this and I think it is interesting and it is as a way to gain attention therefore I would like to do this too.” This would not be right purpose. That is why the strong caution to make sure you have right purpose, because if you do not you could actually cause harm to people and this would not be a benefit to yourself or to those that you come in contact with.

Guidance

John: Do you have any other tips as to how one might turn to guidance? We spoke of listening, setting intention and so on. Any other things people might want to know or know about in this regard?

The Connection: First, people need to understand that guidance exists. Some talk about it, but don't necessarily believe it or they're not sure if they should believe it. So that is the first thing that you need to open the door, is to say "Okay, I'm going to suspend any and all doubts and I'm just going take at face value that this exists. Now, we're not saying not to be skeptical about the information that comes through. We are saying that you need to at least open up to the possibility that there is information available to you. They are there to assist but not to interfere. So we also strongly caution you, don't expect your guidance to take all your pain away and solve all your problems, and therefore you will live a perfect life. You do not learn from living a perfect life, and so you will have the bumps along the road just like everyone else. As a matter of fact, the more spiritually aware you are potentially, the more challenges that will come in because you have set a more aggressive path for learning by opening up and being aware of this guidance. So we strongly suggest that you not expect perfection and that you not expect the road to be smooth. It is not designed that way, and that is what tends to cause people to shut down when it comes to guidance. They expect guidance to step in and to save them from any and all circumstances. This is not the case; they can intercede in emergency circumstances; you can ask them for assistance, but it would be like asking a mentor for assistance. The mentor may provide you with information but they would still expect you to act on that information on an individual basis. The teacher is there to teach, but the student must learn, if you understand what we are saying.

Skeptics

John: Do skeptics not have extraordinary experiences because of their skepticism and how they set their intention?

The Connection: That is truly the case. They have decided that these things do not exist, and because of that decision they literally do not exist, for them. It is part of their reality, it is part of their existence, no

convincing by anyone else can make those things exist for them. It is their journey, it is their path and it is their perception and for them it is a correct perception. However, it is not an accurate and correct perception for all. Which is why we strongly caution people not to impose their ideas and beliefs upon others. It is completely fine to share but not to overtake, and not to ridicule one for their beliefs. And all beliefs are completely fine; they are part of that person's reality. They could be very different from one to the other and they are – extremely different. Especially when you get into the topic of religion: they can be based in very similar belief systems, but if you were to ask the people that are members of these organizations they would tell you that they are completely different. That is their perception; that is their reality of the situation. There is no right or wrong, therefore the skeptic who says that these things do not exist is 100 percent accurate for his own experience.

Spirit Guides

John: Interesting and thank you. Another question has come through here that is an interesting question. When we speak of “spirit guides” , is this a synonym for the phrase “higher self”? Are they highly different, are they the same, what's the situation there?

The Connection: It is all part of your higher self and your higher self is part of you. Your guides are part of you. You are a collective as you come into this third-dimensional reality as an individual. You may not recall every element that you brought in with you, but that does not mean that they are not there. For the most part, it would probably be most accurate to say that these elements are stored within your subconscious or your conscious mind in some cases. They are there and they are ready and available to you - you just need to seek them out. All information of all lives you have ever lived are stored with you. You just need to open the door and go inside and take a look. This is a process, it can take a little bit of time, but you can set your intention – you can actually retrieve things that you have long forgotten. To give you a third-world-dimensional reality of this, you will find the same thing with hypnosis where they will have the person go back under hypnosis and recall an event that maybe they have blocked. So this is how the conscious and the subconscious works in your dimension. This is not very different what we are telling you. You just need to be able to tap

into these resources. They are there, they are always there with you as you walk through this life.

DNA

John: We've talked about this not long ago, but let's reiterate again because the question has been explicitly asked here. Does any of this connect to the concepts of DNA?

The Connection: Your DNA is part of your imprint, and your soul family is also in your DNA. As your scientists explore further into DNA and how DNA works, they will find these things. You will find.. already you have found that there are elements in DNA that will make you predisposed for particular things. They can now test in some fashion as to whether or not you are predisposed to particular illnesses. This does not mean that these illnesses will manifest, but they are there and they are possibilities that could occur. You do now have the ability to alter some of these things that have been predetermined in your DNA. Not everything that is in the strands of DNA will actually manifest physically. We are very happy to see that this particular research is finding its way through consciousness and all the way to traditional science. There is in some ways a meeting of the minds between the dimensions in this one particular area. So we hope that continued exploration will happen. What we can tell you at this point is that it is an imprint and also has included in there all the things that you can see physically: hair color, and eyes and things of that nature. But the spiritual components and the soul components are also included as well. It's just science has not discovered them yet, but they are there.

Final Comments

John: We've been going almost an hour now and we've had some great questions today and I want to thank you for answering them so completely. I think before we close I'm going to turn it back to you for final comments.

The Connection: We would like to thank you very much for the truly excellent questions that were asked today. We hope that you will continue on with this process; we hope that you will research the

information that's being provided to you here and come back with additional questions. We'd like to keep this process moving forward in that the information is being recorded and even though there are people that may not listen to this until a later time, they will still benefit as if it were in real-time such as you are experiencing now. It is truly your questions that will drive this process forward and bring more people into this particular space and time to ask even more questions, which will also provide you with people who are like-minded. I know that some who come here feel an aloneness – that they are the only ones potentially that are going through these challenges, feeling the way that they feel – you are not alone and there will be more people that you are able to share this with. We are here to help and assist in any way that we can. We will be as honest as we possibly can be with our answers and we hope that they resonate with you and that you take away a very positive and loving feeling as you continue the rest of your day. And once again, we'd like to thank you very much for attending. We hope that you will come and be with us again. Until we meet again.

Spirit Advocate broadcast dated: April 21, 2009

Introduction

John: Welcome to Conversations with the Dead with Bonnie Vent, the Spirit Advocate. I'm John Streiff. Today, we'll be communicating through The Connection. Using the principle of inter-dimensional communication, we're able to hear the voice of those who have passed and those who are higher guidance. It may be that these communications originate through a channel that connects dimensions. There's a theory of consciousness that we in fact use this channel not only for things like spirit communications, but also for mundane things such as memory itself. Some people may be more open to more than their own memories, this might explain how they might know what others are thinking, perhaps know the future and the past, and even communicate in real-time with others in those other dimensions.

While this cannot be proven scientifically today due to limitations in technology, mediumship and inter-dimensional communication like you're about to see, actually gives us a way to know what may be going on in that other dimension through subjective perception of mediums.

Bonnie Vent is a Spirit Advocate who has for years been in touch with this other dimension and its residents. They have sought her help for various reasons, whether recently deceased or having left the physical world over a century ago.

Now, here's Bonnie Vent and The Connection...

The Connection: Greetings to all who are listening today or perhaps at some other time. We are glad that people are joining in with this communication, either in what you refer to as "real time" or at a more convenient time for you. It is much more important to us that you listen to the messages when you have the appropriate time to dedicate and to focus. We are, we will say we again trying to establish a bridge of communication between the dimension where we reside and the dimension where you reside. We understand that there have been many questions about the transition process and what happens after you exit your dimension. We are here to help and assist whether the individual who may have some questions about their own transition or

transitions of those that have come before them. We are very glad and very willing and able to help and assist in these areas and any other questions you may have we will attempt to answer. If we cannot, for any reason, we will let you know this. And please, yet again, do not expect this to be a perfect process or a perfect channel. Always listen with your gut instinct, use your own powers of discernment to accept or reject what you hear during these transmissions.

Now we will turn it over to John for any questions that he may have or comments that he may have from prior sessions.

Humans of Golden Light

John: Thank you very much. We have some questions and we have a series of different things going on here. Here's one of those questions from e-mail. It has to do with life experience and regressions. The questioner has experienced six past lives and between-life regressions and in between lives the questioner has observed what is called "humanoid entities made of golden light" in structures that appeared to be Earth-like constructs. When asked the questioner was told these lights were Creators of our World, and was wondering if this was a valid experience or simply evidence of a wonderful imagination? Your thoughts?

The Connection: There is an area that the person did travel into. It is possible during a regression, where your spirit body somewhat separates from the physical body, to be able to travel into these other areas. This was a valid experience. The beings that you came across do, in fact, exist. And they do create, as do all spirit beings, so this is also a valid statement. They were busy readying some things that you may perhaps recall. If you set aside some time to sit quietly you may recall what those are. We don't really want to reveal those to you at this particular point in time; they are rather personal in nature and we do hope that you will take some time and contemplate this information.

Faeries

John: One of our questioners asks if faeries are perhaps supernatural beings whether helping or harming humankind. They are thought

sometimes to explain death, illness, forgetfulness from a very U.K. European perspective. What is your take on faeries and why should one believe or disbelieve in them?

The Connection: There are little spirit beings that do project themselves in that way. We would suggest that you look past the label that you put onto these beings, and look at them in their entirety. To classify them the way they currently are or in the nature of the question, you do a disservice. If the questioner is wondering if these energy beings actually exist or whether they are imaginary, they do exist, but the label and the stereotype is grossly inaccurate, if the questioner is understanding what I am saying.

John: What is the purpose of faeries?

The Connection: They do not exactly have a purpose in your dimension per se. Every once in a long while you will have a perception of their existence. They just reside very closely to the physical dimension. At times there is what might be termed a “bleed through” between the two dimensions and you are then able to perceive them. They do not service humankind or the physical realm, if that is the question that's being asked.

Particles Constituting Matter

John: Here's a quote we came across recently. I'll read it for you, then ask for your thoughts. “When you come to the ultimate particles constituting matter, there seems to be no point in thinking of them as consisting of some material. They are, as it were, pure shape. What turns up again and again in successive investigations is this shape and not a spec of individual material.” Would you agree, disagree? Why?

The Connection: There is science that will tell you that if you continue to expand down in the process that ultimately you will find that your world is literally made of nothing, and this is true. It is completely holographic, and made of nothing. The reason why it seems to be a physical world to you has to do with encoding that happens in your brain function and so there is a perception of their being a solid table, a solid wall. In fact, it really does not exist other than in the brain of the individual. There are universal patterns that, for want of a better way of

explaining it, that have been preprogrammed in to the imprint. So everyone recognizes a tree as a tree and a table as a table. But you will notice that when an emergency situation happens and eyewitness testimony is gathered, that everyone has a little different impression of what they saw. So that is a combination of the universal imprints and the individual interpretation by the individual human based upon their own life circumstances. We're not certain whether this answers the question as it was being presented, but we hope that it does.

Scratch Marks and other markings

John: Yes, thank you so much. Another question, came along here regarding markings. Of course, often times people do have various sorts of markings on their bodies. They find anomalous conditions. Scratch marks are found on the chest or the arms, things like that. They have no idea how they got the marking but they are pretty confident it wasn't a natural thing that they're aware of. They didn't rub up against anything, for example. What do you think this might be? They have no idea.

The Connection: There can be a number of reasons for this to be occurring. It is a little difficult to get specific, because it does depend on individual sets of circumstances. One could suggest to the questioner that they look at the way they conduct their thought processes, and make sure that they stay in as positive a frame of mind as possible. There is truth to "like attracts like." And if you are having negative thoughts they can manifest physically into things of that nature: scratches and bruises, that sort of thing. One needs to look within before looking externally for the cause, if that makes sense to you.

Mental Illness vs. Paranormal Events

John: Paranormal events can be quite unusual and quite anomalous. Certainly science has pointed in a number of directions as to what might be going on from the very skeptical approach to the almost metaphysical approach. Does mental illness and paranormal events such as seeing things or apparently being possessed or oppressed, can those things overlap?

The Connection: They can, and mental illness is really a perception. There can be physical things that have gone wrong that will cause mental processes to not function properly. It really depends upon, yet again, the individual set of circumstances. Mental illness is a very broad term for many types of maladies. So it is hard to speak in general terms but we will try. There is a correlation, as we said, between what is going on in the thought processes of the human and what manifests out externally. A person who is having a lot of self-destructive thoughts may indeed feel that there is a paranormal cause and that there is something externally that is attacking them. We always suggest looking within first, because that is truly the source of just about everything that you experience externally. There are bleed-throughs between dimensions, there are people who are able, such as this channel and others who are sensitive, to transition back and forth between different dimensions and have different perceptions because of that journey. For the average person who is not doing those types of activities, they may have dabbled into the opening of a portal door – this would not have been accidental. You do have to be careful when you are doing those things, because you will perceive things you would not normally perceive in your physical dimension. So there is an overlap with mental illness, as a generic term, feeling of oppression, feeling of demonics and that sort of thing. And, for the most part, it is a very rare occurrence that you will have a dark entity that is attached to you, but this can occur. It does not occur to someone who has a very positive and healthy mental state. And this is, for the most part, a choice for the human and their perception. Therefore if a correction is desired, that is the best place to make the correction.

Automatic Writing and Drawing

John: Moving on in a similar kind of a parallel path, we talk about and even witness occasionally automatic writing and even automatic drawing. From whence does this manifest?

The Connection: Those are spirit communication tools and it takes a person who has a sensitivity to open themselves up. Predominantly they would be connecting with their higher self or what you may call “spirit guides” to bring forth information. There is a caution here, in that direct type of communication can be garbled by the person's

subconscious and you would always want the information to be double verified if you possibly can. You will hear sensitives talk about this, that they find it very difficult to get information for themselves and it's much easier for others. This is somewhat true, so if you are doing those sorts of things it might be best to ask your questions in the frame of assistance to someone else and there might be more clarity given at that point. Predominantly, most people are here in the third dimension to be of service and to assist others, whether they manifest that physically or not. So you would be going with the natural flow of the process if the questions were more angled toward assistance and service as opposed to, maybe, a selfish means or end.

Addictions

John: Regarding the earlier comments on mental illness and paranormal events we have a follow on to that from online. Does this indeed explain things like addiction?

The Connection: Addiction, there again we are speaking in very general terms for things that can be very specific in nature. Addiction is and can be part of a person's imprint which does not mean that it necessarily has to manifest. But they can have a predisposition for this to occur. And if they do have that predisposition, which you can also look at in the physical realm, a family history also for this type of pattern. If they do have that and it does manifest, it is also indicative of someone whose mental state is not happy and positive. The person who has the addiction is looking to escape the physical dimension. And therefore that would suggest that something is awry and not quite correct with their mental state. This does not mean mental illness necessarily but just that they do not have a positive state of mind at the current time.

Portals

John: We mentioned portals a little while ago, and I don't think we've ever discussed this exact topic here before. They come up off and on during our work of course. And maybe it might be helpful to get a little bit more detail. What is a portal?

The Connection: There are areas that, and there are many on the planet, where the electro-magnetics, the ground, soil and such are all conducive to an energy opening between the dimensions. Most of these areas are somewhat commonly known. Some are smaller and more localized. And they do, indeed, exist. They are an area where spirit beings can enter and exit into what you call the third dimension or the physical dimension where you reside. They are, for the most part, pretty much in fixed locations. They can alter from time to time. There again, each circumstance is a little different. I'm having a little problem trying to explain this to you because it is foreign to the environment that you are in. We are glad that you are aware that they exist and we suggest that the best use of these, for those that are sensitive, is to be as close to a energy area as possible to facilitate communication if that is what is desired. We would also like to note that once in awhile someone will stumble on a portal inadvertently and will end up in a different place than where they started in the physical dimension. We will correct this as best that we can. We try to make sure that energy portals are not next to any doors in the physical realm but, as you can imagine, this can be difficult to arrange. So do not be alarmed should this happen to you. Actually, it's a rather interesting experience for those that have reported it, and can be quite thrilling. It is also a little disorienting. It is not harmful in any way; there is no need to be afraid of these portals. They can actually be used as a way to establish more solid communication. And so, for those that have the calling and are sensitive to it, we recommend you use these to the best of your ability as often as you possibly can.

John: How does one find portals? What is characteristic about them?

The Connection: The energy pattern is just a little different in these areas. People may have a physical sensation that will go along with being next to an energy portal. They would be things like the little hairs on your arms standing up or on the back of your neck. You may have a little, slight, headache that will happen if you're not used to dealing with these energies. You may get a little of an upset stomach. The symptoms will subside as you get used to the energy and working with the energy. If you have not been exposed to this energy before, you will possibly have some physical symptoms that will occur. The energy area tends to be a little bit colder than the surrounding area, so that is another way of making a detection of these little energy areas. For the

most part, they can be sensed with your physical body. But we are aware there is equipment that is being used to try to determine where these energy areas are. There are some that are very large and very well-known, such as the Bermuda Triangle, would be considered a very large energy portal area.

Cold Spots

John: You mentioned cold being one of the signatures of being a portal and often during paranormal experiences cold is felt. This would imply to me there may be more to this than portals. Is in fact, cold felt for reasons beyond the presence of a portal, and if so, what might they be?

The Connection: If you are out doing an investigation, you may be trying to make contact with spirit beings that are still very close to your third dimension. They may use an energy portal in order to enter the area. You would feel a draft as they enter, a cold draft, and this may be what you are referring to.

Safe Havens

John: When we speak of portals, we sometimes also talk about so-called “safe havens”. I know this has come up in conversations before. What are these safe havens? First off do they exist, I guess is the first question. Then the question is, why?

The Connection: As we progress forward and as things unfold into distant future it will become more apparent. The areas that are referred to or have been referred to by this channel as “safe havens” are areas where there are portals. It will make it easier for us to transition you quickly if you are in close proximity to a portal area. And this is what we refer to as a safe haven. Which only should it become necessary that you be removed out of the area would this come into play.

Past Life Experiences in the Present

John: Talking of going back and forth between dimensions, realities

and so on, realms, one of our listeners has expressed an interest in learning to regress, either through meditation or finding someone to help, and has been having extremely vivid dreams, smells and so on in a colonial time-frame. Feeling like it was in the South, Virginia perhaps. Wants to know what this might mean. This individual's home is decorated period Colonial as if they are compelled to do so. It has been this way for quite some time, even as a child. It's like everything that they know. Any ideas or thoughts on this?

The Connection: As we have discussed before, all of your past lives come in with you and they are stored in an area that is a little off to the side where you may not be consciously aware of it. Those who become consciously aware of a past life such as in dream state or feeling a very strong affinity for a particular time period, may be tapping into this past historic record. We would suggest a couple of things to this particular individual. One, you are being asked to bring forward some of the past life situation into the present. Times were very different in colonial times and also were not so different from present day, political unrest and that sort of thing. The individual needs to spend a little more time on bringing this life forward and thinking through what may be useful to this person in this life now. It is no accident that you have a memory of this. Now is the time to be bringing those things forward.

John: How would they proceed to do that, to bring it forward?

The Connection: You can do this yourself, and in some ways you already are in your dream state. You need to pay attention to the information that is being provided to you and do your best when you wake up to write everything down before it is forgotten. In your awake moments, you can sit quietly and focus on your recollections from your dream state. It should take you back into that particular area of the record. You just need to have a little bit more faith that the information that you are receiving is valid. We understand that you can think perhaps that it is just flights of fancy or imagination. But with a very real purpose in mind, setting the intention of what information do I need from that time, and just open yourself up and let that information avail itself to you. Please document everything. If you don't feel comfortable writing it down then tape record it so you have record of the information that was provided to you. This will be helpful to you as you move forward with the process. You can also, if you so desire, have the assistance of someone who will

put you into a somewhat light hypnotic state and can assist you with pulling that information as well. But it sounds like that might not be necessary in this case because that information does seem to be flowing already. You just need to open up a little bit more and let information flow through.

Perception of Energy Patterns during Memory Recall

John: We've been asked another question by e-mail, kind of an unusual scenario. The questioner writes: "I don't perceive auras at the time, but I do perceive them if I think of an occurrence later." They go on to give an example of a neighbor, seen daily, that seems to be surrounded by bolts of static electricity. What's happening?

The Connection: This really is a uniqueness of the conscious mind of the person who is perceiving this. When the information is stored, it is stored with that energy imprint on it as well. There is nothing wrong with this; it is normal, but it is also unique. So it has to do with the storage system of the way the energy is stored in the conscious mind.

Psychic Connection between Mother and Child

John: Do you think there is a psychic connection between mother and child? Certainly one hears stories of mothers suddenly knowing their child is having a nightmare, or running a fever, and when the mother checks the child actually has that issue. Of course, it's commonly called 'maternal instinct'. Might it be stronger with one child, with all children? Where does this ability come from? Is it unique to mothers, also?

The Connection: It is not necessarily unique to mothers, other than the female energy is one of nurturing. Therefore they tend to be, and once again we are speaking in very general terms, they tend to be more attuned with their children. You also have the physical connection as in the mother was carrying that child for nine months prior to its birth. But, if mothers were completely honest, they would tell you that they have more connection with some of their children than they do with others. And can actually wonder where that child came from, as in a child is completely foreign to them and their way of being. Men tend to more

compartmentalize their emotions and they put what they call “hunches” into play. But they tend to do this more with things that are not quite so personal. This, once again, is a generality, and there are men that are very connected with their children and have the same kind of alarm bells going off when they know something is wrong. They can also have the same feelings toward their spouse as well. So it's always dangerous to speak in general terms, but yes, women, because they give birth to the children tend to have a stronger connection, and do not be alarmed if you do not have this connection with your child. Some people are from the same spirit family and have a very strong connection anyway, whether they have given birth to that child or not.

Physical Mediumship

John: Turning to a different topic entirely, some mediums of the nineteenth century did what was called “physical mediumship.” Just for reference this channel is what's called a “mental medium.” But physical mediumship involved movement of objects and various kinds of productions, usually in a darkened séance room, just for the benefit of the viewers. One of those productions was known as “ectoplasm.” There were, at the time, explanations from the Spiritualists camp and things like that, of what it was. It would interesting to know what you, The Connection, think about this.

The Connection: We really do not have a kind comment to make on this topic. There has been so much fraud and so many people were taken advantage of because of their yearning to connect with family members. We really do not have a kind thing to say. There can be physical manifestations of objects moving and that sort of thing due to the energy going through the medium but those are just slightly anomalous little bits of activity. The sessions you are referring to, for the most part I feel, were to defraud.

Empath

John: That is a quite interesting comment since it now appears that many psychical investigators were defrauded in the late nineteenth and early twentieth centuries especially. So that is very consistent with what was found in later recovery, yet the out-of-the-box thinking of early

psychical researchers that led to amazing theories that have held up. They're not being called into question, they're actually quite valid despite what they saw was actually fraud. An interesting little detail of scientific history.

Let's turn from that to empathy. Questioner tells us that he was born an empath and is just now coming to terms with it. He had problems with other people's energies from childhood. He did not understand the emotions, anger, and sadness and so on, that he experienced, and still struggles with releasing that energy. He is very uncomfortable in large crowds, and at times feels overwhelmed. He is looking for ways to cope with this. He really is starting to crave nature as a release from this chaos. He has spoken with a higher power, put up shields, meditated, but overall he is feeling vulnerable, and would appreciate any suggestions you might have.

The Connection: I hesitate to say "unfortunately" but I guess that's what I will say, because this individual is now not happy with his sensitivity. Perhaps it would be helpful for the individual to know that they were desirous of that before they came in and wanted to know what it felt like to be in someone else's shoes, so to speak. Now, having experienced it, is quite uncomfortable and we understand the discomfort with this. Perhaps if you reconciled that you did decide that this is something that you wanted to experience initially, maybe it will help so you don't feel so victimized. The processes that you are currently engaging in are the right ones to be involved with. If you feel overwhelmed then you need to remove yourself from the situation. You also should not surround yourself with people that have a lot of drama going on in their lives. So you need to pick and chose very carefully of who is in your inner circle of friends. Just stay away from others that are disturbing to you. There is no need for you to try and assist them, although you may feel that you need to do that. The purpose really was just to feel as others feel, not attempt to make corrections in the way that others feel. We hope that you understand that you do not have this burden upon you. If you choose to get out in nature and walk in nature, that is a very healthy thing for you to do. The animals, and the ground and the area, the energy of the area help you in clearing out all of the energy that you have picked up from others. So you are on the correct and right track with this. Once again, please release yourself from any burden to fix or to assist those around you whose energy that you are feeling that you find overwhelming.

Warm Spots

John: Thank you very much there, thank you. We spoke of cold spots awhile ago and why cold is felt, and responded to that. That generated another thought in my mind. Often people report warm spots in paranormal experiences. Is that the same thing or is that a slightly different thing?

The Connection: They are both valid and is really dependent on the energy of the spirit that is attempting to come through and the process that they are using to do that. So it can be just as valid that the temperature will rise as fall. It is more common that the temperature will fall. And this has to do, as we said before, with the access via an energy portal which actually has a rush of cold air and a draft that is associated with it.

Psychic Animals

John: We have an online question here that the questioner experienced a channeled entity that played with the dog. They go on to say, that the dog seemed to be playing with nothing more than thin air. And asks, is the dog psychic? Are we talking about pooch ESP? What's going on here?

The Connection: Domestic animals can be so-called psychic or sensitive. They can have perceptions of other realms and spirit people that may exist in the room. And not so different than humans, there can also be animals that are like a stone and have no perception whatsoever. So yes, animals can have sensitivities and often do. And not just domesticated animals. You'll see examples where some animals, such as a frog, will be able to detect an earthquake coming, for instance. And birds will behave differently if there's an event that's getting ready to happen in the physical realm. So animals do have their own sensitivities, in some cases they're actually more sensitive than the human because they live so close to the land and don't have the type of day-to-day activity that the human may have.

Blocking Abilities of Children

John: Here's another question I found interesting. The questioner writes that their immediate family and the extended family are able on various levels to interact with the spiritual world. These powers seem to develop by the time the children in the family are about eight years old. Two years ago the eldest started seeing things in the home which the family already knew about so weren't concerned. He was told nothing could hurt him if he trusted his gut feelings. The next year the next oldest was driving past a house they had formerly rented, but which this child had not lived in. A menagerie of horrors occurred there, apparently. At the intersection, outside the house, he pointed at the house and said "George used to live there." The questioner thinks this probably was a brother named George who had some rather ill experiences and wants to protect the family because they've been seeing dark spirits and things like that. They have tried banishment ceremonies that did not really working too well. Wants to know how to block their abilities, which seems to this questioner to actually be stopping a part of who they are. They're in kind of a conundrum. Any idea of what this person might do?

The Connection: They certainly would not want to block the abilities of the child. This is a very common occurrence, unfortunately, children can be quite sensitive, and they will be dismissed by the adults and will still have the experience but won't talk about it. Therefore this becomes a suppressed experience and can have some negative effects in the environment as well as with the child itself. The perception that an entity is "dark" or even to refer to it as an "entity" would suggest that this be reevaluated. If this is in fact a human spirit, they can be angry perhaps, they can be desperate perhaps. But they are not necessarily "dark." This tends to come from religious dogma. We suggest that you set those sorts of belief systems aside if you can and just look at what is physically occurring. The child can cope with the information that is coming through by simply speaking with the individual that is trying to communicate with them and explaining to them "you are disturbing me, you are scaring me and please stop." For the most part a human spirit will honor that. If they do not then the best thing is to remove the child from that environment. It can be much easier, even if this is a home where the child lives, it can be much easier to remove the child and put the child into a different home as in sell the house, buy another, than to

try and get involved battling the spirit world, so to speak. But there again, be careful about your perceptions and whether they're clouded by religious belief systems.

Soul Collectors and the Grim Reaper

John: This might fall into that same general belief system category. We hear periodically, and have seen a lot of it recently for some bizarre reason, people talking about quote "seeing death" unquote as a person, usually varying only with the individual percipient; a very consistent vision. The question is this: are these death appearances, appearances of a "soul collector" if you like, a legitimate concept? Is it more dogma, or is there some actual, fundamental truth to it?

The Connection: "Soul collector", I would say "no". Can there be, ahead of a person's death a preparation that takes place where they would become aware of spirit beings that are assisting them in transition, what you would refer to as "death", we would refer to it as transition, exiting the third dimensional reality, whichever term you care to use "yes". The preparation process can occur while the person is still alive. So they might be aware of particular beings that are preparing them for this transition. But is there such a thing as the "grim reaper"? No, there really is not. It is a process; there are many people that are involved with this transitional process, and to become aware of a few that are assisting with that is very common. So we hope this is what people are seeing and they're not thinking that there is one individual being that comes and collects souls. That's not very practical, is it, if you think about it?

John: You mentioned people that are about to die or in the transition process seeing such things, how about people who are third parties, who witness as someone else is preparing to or transitioning?

The Connection: That is entirely possible as well. It depends upon the sensitivity of the person. They may indeed experience that. They may, if they hold the hand of the loved one while the loved one exits, see and experience the separation of that energy. It's very interesting that even doctors may report this to you. They know when to stop trying to resuscitate – they just instinctively know or so they will tell you. But there is an actual physical change that does occur, and they're

intuitively picking up on this change of energy. They actually know that the spirit body is no longer there and that it has separated. They may not explain it to you this way, but this is indeed what they are perceiving.

Health Issues after Death

John: Another question from online, why did a relative, already passed, appear to refuse a hug? He was sick, and wasn't getting better. Wouldn't he have felt better immediately?

The Connection: This sounds like someone who was still in the transition process. This can be a little difficult if the person did have a long-term chronic illness that is deeply ingrained not only in their physical body but also in their spirit body. It may take some time and a lot of comfort on our part to convince them that this is no longer a valid thing in their life. Therefore, they may feel that they are going through a healing process. Truly you are correct, it should be instantaneous, but free will remains even upon exiting and this may carry over. If it is more comfortable for them to feel like they are "getting better", as opposed to dropping the physical body and no longer having illness, then this is completely a valid experience for them. They're really just taking a little bit longer to go through the process, there's nothing wrong with that. They are experiencing, at the same time, the process of getting better, which is also a valid experience. So it is completely fine, but they may have a mis-perception if they were to hug you that you would become ill, or things of that nature. Or don't touch me because it hurts if you touch me. Just not quite aware yet that the physical body is what was unable to be touched or what was sore or ill in some way. They will get through this process and will release all of this and be completely fine, there's no need to worry.

Divine Intervention

John: Last question for today. We hear of occasions where people are spontaneously "saved" if you like from various potentially life-ending events. This particular questioner talks about a multi-car freeway crash. What kind of forces are at work, in this case lifting the car, and perhaps as interesting and as important, why?

The Connection: This particular experience actually occurred with the channel that you see before you. So we can tap into and get a little bit more of the specifics of this event. We would like to say that it was a combination of things. There were four people in the car at the time that this event occurred. They were all aware a few moments ahead of time that this potential event was going to occur. They were in prayer at the time and asking for safety for the driver of their vehicle. So this came into play, you have very strong intention of four very sensitive individuals that have a lot of energy in and of themselves. You also have along with that all the higher energy and guidance that they bring along with them. It was indeed not supposed to occur at that particular time. There was a small amount of intervention that did indeed happen. We also were aware and used the energy of the living individuals in the car as well. Some may find this a little bit difficult to believe, but human beings do indeed have the capability to cause this kind of an effect. We did assist, but not in as large a way as some may have thought, or certainly those that were in the car at that time.

John: So the abilities of humans living in the third dimension our physical realm actually do have, all other things being equal, something to do with our ability to survive.

The Connection: That is correct.

John: That has quite a bit of hope for many people. I think with that we're going to close questions for today and want to thank you very much for joining us. We'll turn it back briefly to The Connection for final comments.

Final Comments

The Connection: We would like to thank you for the most excellent questions that were provided today. We hope that they were useful to you and that you take away the love and care that is provided with the energy that is coming through to you. We hope that you are able to sense this. And that we are deeply concerned about you, we care very much about your welfare, and we hope that you will look at the other broadcasts that have occurred before this one because we are trying to

build the information as we go. We hope that you will join us next time. We really enjoy these sessions and being able to interact with you on this level. And we hope that you find it enjoyable as well. Till we meet again.

Spirit Advocate broadcast dated: April 28, 2009

Introduction

John: Welcome to Conversations with the Dead with Bonnie Vent, the Spirit Advocate. I'm John Streiff. Today, we'll be communicating through The Connection. Using the principle of inter-dimensional communication, we're able to hear the voice of those who have passed and those who are higher guidance. It may be that these communications originate through a channel that connects dimensions. There's a theory of consciousness that we in fact use this channel not only for things like spirit communications, but also for mundane things such as memory itself. Some people may be more open to receiving more than their own memories, this might explain how they might know what others are thinking, perhaps know the future and the past, and even communicate in real-time with others residing in those other dimensions.

While this cannot be proven scientifically today due to limitations in technology, mediumship and inter-dimensional communication like you're about to see, actually gives us a way to know what may be going on in that other dimension through subjective perception of mediums.

Bonnie Vent is a Spirit Advocate who has for years been in touch with this other dimension and its residents. They have sought her help for various reasons, whether recently deceased or having left the physical world over a century ago.

Now, here's Bonnie Vent and The Connection...

Introduction by The Connection

The Connection: Greetings to all that hear, observe, and potentially look at this text at a later date. We are very happy to be joining you today. And as some of you may be aware, things are becoming a little bit more trying in your circumstances on a personal basis, and we are here to perhaps answer questions that you may have as it relates to the transition process. We are more than happy to get into this dialog with you during this time. We are aware, via the channel, that you are perceiving many things in your environment that could be perceived as

fearful or disturbing. We have said on other occasions that there will be large portions of people transitioning all at the same time. There is certainly a potential right on the horizon now. We do not wish to alarm anyone, and to us this is a very natural process and not fearful in any way, but we do recognize that to some of you that this might be a scary proposition. We would suggest that you stay informed, but please stay away from fear. Watch your thoughts, your thoughts can and will manifest into your reality. Being fearful will actually attract and draw things to you that you may not desire. So you need to be practical, but please also attach onto whatever spirituality you may have to rise above whatever circumstances are challenging you this day and as the days move ahead.

The passing of Hans Holzer

We would also like to make a special acknowledgement. We are aware, via this channel, that Hans Holzer has transitioned. We would like to acknowledge his great accomplishments in the third dimensional reality and we are happy to have him back and happy that he is now home. Please do not be concerned about his welfare. He is completely fine and he has started through the transition process, and he actually started a little bit before his exit, and he is completely fine. We are so glad that so many people followed his work, and we hope that you will find some comfort in this: that he is not truly gone; that he is in existence still; has the same curiosity and has no constraints of physical illness anymore, which should be very comforting to family members as well. So please know that he is fine and all is well.

At this point we would like to open up for any and all questions that the chat room may have or that John may have, so we will now turn this over to John.

Prison Planet?

John: Thank you very much indeed for that. Let's begin by following on what The Connection was saying. It has been said that planet Earth is of importance to all dimensions. Some have even indicated it is one of twelve planets to be so. And so others have called our Earth the "Prison Planet." What is going on here, and can you expand upon that a little

bit?

The Connection: There is great importance as to what happens in your third dimensional reality. We would hesitate to put the negative connotation of Prison Planet because it would be of your own making, should that actually occur. There is potential for this, and we do need to caution you that you do need to spread these messages around to people that you care about. Now is not the time to be unconscious and people need to wake up to their surroundings and rise above some things that are coming down the road that could be perceived as negative in nature. We make no judgments on this but we know that you do, and we also know that you would rather avoid pain if at all possible. We suggest that you adjust perception. As far as importance in the universe, obviously this is an area of great learning, this particular planet, and this particular dimension where you reside. There are many who observe what is going on here, but they are observing from a researcher point of view. There is no emotion involved in that observation for those that observe from that distance. We do try to bridge the gap between the two, and you may notice with this channel that there is concern for your emotion and your well-being. Once again, we do not want to cause any alarm or any fear, quite the opposite. We want to relieve any and all concerns that you may have about what lies ahead. But certainly the way life has been led in the past several decades is no longer going to be the case moving forward. So you need to be as flexible as you possibly can and adjust with what happens in your environment also take some control and ownership of the experiences that you have on a personal level.

What lies ahead?

John: Do you have any advice or watch signs for example, as to what may be coming up shortly?

The Connection: Perhaps the best thing to say at this point from a general point of view is that there is such a thing as duality in the third dimension. There are the perceptions of dark and light, and good and bad. Some of what you are experiencing currently with this flu that has been disseminated on various areas on the planet is coming from a man-made source, and there is an agenda behind this source. So we suggest that you educate yourselves as much as possible so that you

can make counter-moves if you so desire. If counter-moves are not made then they will have the prevailing influence. They can and will cause quite a number of people to exit. This is a choice, and we are talking about potentials, not an actuality. We do, yet again, suggest that you pay attention to what is going on around you, find other ways of getting news, perhaps from other places rather than mainstream media, they are indeed under the same influence of the same group that is influencing what is currently happening. So there are people that are willing to come forward and tell you what they know, and we as always suggest that you listen with your own gut feeling and accept and reject what you feel is appropriate for you, and always listen with your gut. This is true also for this channeled information as well. There are discrepancies between dimensions and there's also the perception of the third person in your dimension – miscommunication can occur. So we strongly suggest that you listen more with your heart than with your head and that you get a feel for what is being said. If the information is too high level, please don't worry about that. Just sit back and relax and absorb whatever is appropriate for you on an energy/feeling basis. We hope that makes sense to you.

John: One point of clarification , you indicated that things are occurring that area man-made source with an agenda. You implied that and said it directly as well. To be very clear we are talking about someone in the third dimension, not a spiritual force, correct?

The Connection: Yes, we are speaking of the duality of the third dimension reality.

Dominate Hand and Psychic Abilities

John: Let's move now to a question regarding psychic abilities. It has to do with "handedness", left and right handedness. The questioner is asking does this have any relationship whatsoever to psychic abilities?

The Connection: Not necessarily. You may see a small trend there, which has to do with the way the brain functions and what is dominant. But just because you are right-handed does not mean that you will not have psychic ability. So it really has to do with a predisposition in the imprint and very little to do with physical parts of the body per se.

Drugs and the Spirit Realm

John: We have been asked if any form of drug, hallucinogen, cannabis whatever, may help or hinder contact with the spirit realm?

The Connection: This is not something that we would recommend, because you would, depending upon the type of drug that you are partaking in, you are actually burning brain cells which would not be good for your health. So we do not advise that you use this to get into altered states. It is not really necessary. All you need to do is to have an openness and to sit in a quiet space and to allow the communication to come forward. You also need to have a certain amount of trust that the communication that you are receiving is coming from your higher self. Some people think this is just their imagination and so they are quick to dismiss. It really is not of any consequence whether it is your imagination or whether it is your higher level guidance, they can be one and the same. So we suggest that you listen to the information and as we said before, that even the information that is coming through yourself for yourself, that you listen with a skeptical ear . We do not mean cynical, we mean that you question and you look for validation in other sources, and you look for other signs that the information might be accurate or perhaps slightly inaccurate. The information can always be refined, so don't be so concerned about always being 100 percent accurate. It is a learning process and should be treated with a small sense of fun and exploration if one is desirous of doing this type of activity.

Astral Projection

John: I'd like to move to a little different topic area now which has to do with astral projection. We hear about this quite a bit. What do you see going on when someone astrally projects?

The Connection: This is indeed possible for some but not for all, so if you do not have the ability to do this please don't feel that you are deficient in any way. There are some people, such as this channel, that are not allowed to do these type of activities. It is really our concern that if she were to leave she might not come back. That is always of

concern. What is happening under normal conditions, and we are speaking in general terms, there are individual sets of circumstances, but in general a person is able to get a certain amount of their spirit energy projected outside of their physical body. Now, this is not 100 percent of the spirit body, it is actually a percentage of, and the percentages do vary from person to person and circumstance to circumstance. You will see small occasions of this when you are thinking of someone and you are walking down the street and you keep seeing people that look like them. This is an energy projection on top of someone else's physical body of their spirit body. It is a two-way street in that particular case, in that the person who is walking down the street is desirous of connection with the person who has the ability to project their spirit energy forward. And it connects at that point.

Astral Projection and Ghost Sightings

John: A follow on question, kind of implied in your answer but let me ask it anyway: "is astral projection related to ghost sightings in general?" Is this what many ghosts actually are, aside from what you mentioned previously?

The Connection: I would hesitate to use the word "most." I think not, actually. But is there a small amount that are actually that particular circumstance? Yes. You will find anecdotal evidence if you are to research it, that people will see, as the example that I gave, will see someone that is very much alive projected into their reality. So, yes, this does happen. But the energy patterns are not so different; even a person that has transitioned can still project energy forward, and so there is some commonality between what you would consider to be residual hauntings and the astral projection of a person. One is, as you might say, real-time while the other is a time recording that is playing over and over. The energy that is projected is similar in nature.

Astral Projection and Moving Objects

John: One last thing on astrals and astral projecting which might be interesting to follow up with, from your experience/background, can astral projectors move objects?

The Connection: Theoretically this would be possible if they also had some psychokinetic ability as well. This can transition forward into the projection. It is all energy, it is just a slightly different type of energy. So if you're asking if it is theoretically possible, yes it is, but it is quite rare.

Physical Changes and Paranormal Activity

John: People often note that a haunting experience or something paranormal occurs in connection with a remodeling project in an office or a home. Do you have comments as to whether remodeling brings out spirits and perhaps offer some suggestions as to why?

The Connection: This is a highly reported occurrence and yes, there is some truth behind this. What is going on actually is that if you are making physical adjustments to your environment, and there is a spirit person that is in visitation or in residence in that same environment, they will have to try and accommodate those changes. As I have said before, the dimension where you go after you transition is a highly emotional dimension, as you can imagine. You do not have the constraints of a physical body, and so you are very heart-centered. If you are remodeling a home for instance, where someone has lived prior and they are in residence or in visitation, they may not like the adjustments you are making to their physical environment, because they are actually able to perceive the changes that you are making. They will certainly have opinions about the changes that you make: and they may like some things and not like other things. It is more characteristic for them, as is human nature, for them to want things to remain the same as when they resided there. So you can wind up with activity not only because these transitional changes have to happen on the spirit level with the spirit person, as well as the physical level, but they also may be providing some feedback to you as to the nature of the changes and whether they like these changes or do not.

Spirit Awareness of the Living

John: The disembodied voices have suggested over the years that some in visitation at least, do not have an optical or visual sense. We

hear words like “where are you?”, “please come closer.” It's almost like they're in their own space and time and are aware that we are there as we are mildly aware that they are present. I'm wondering about your comments on this. Is this a sensible interpretation of what's going on there, or is something else happening?

The Connection: The best advice I can give you on this is to look at it, as you just pointed out, from the third dimensional reality. Some are able to perceive spirit people, some are able to hear them, some are able to see. The same is true in their dimension, some are able to hear and some are able to see third dimensional reality. And it is an individual skill set. So it does not surprise us in the least that you would go into a location and find spirit people that were unable to see you but were aware of your existence. The same is true here, and it really is not that different.

Paranormal Experiences

John: Regarding paranormal experiences in general, there is a wide divergence of types of people who experience paranormal phenomena. Are there some key reasons why some experience paranormal phenomena while others do not?

The Connection: This is a very complex question, but I will try and keep it short. The type of imprint you come in with will have a disposition for these types of occurrences to occur. This does not mean that they will necessarily manifest, it just means that you will have a predisposition. As you go through your life and have your life experiences, you will find this has occurred to most everyone that has this particular imprint. Some will incorporate those as life-changing experiences and others will dismiss. Therefore, the odds of someone having a circumstance are very, very high. The odds of them reporting the experience or incorporating it into their day-to-day life would be a different level. It also has a stigma associated with it, which is lessening and we are very happy that is indeed occurring. So you will find that most people, if you raise the question first, most people will tell you of an experience they had that they cannot explain. We hesitate to use the word “paranormal”, because it does have a very interesting set of connotations attached to it. So let's just say an experience that they could not explain.

John: Regarding the word “paranormal”, many people don't even realize that the term 'paranormal' is actually a term from scientific philosophy which denotes what was formerly called “supernatural” events. At a point in time in scientific philosophy the term “supernatural” became outmoded for various historical reasons and a new explanatory category was required. This is where the term paranormal actually came from. As it moved from scientific philosophy into the lexicon of common speech it became, as you said, quite distorted and commingled with other things all of which, from a scientific perspective are not unexplainable but more correctly unexplained as of today.

Battlefields and Ghosts

John: Why is it that battlefields have so many ghosts, is there something special about them, something unique? And are there other places like them?

The Connection: As you can imagine, in a battle situation, emotions can be very high and death can be instantaneous. This is a ripe breeding ground, so to speak, for that type of activity to occur. There is a difficulty that can occur for people that died in those particular sets of circumstances. The adrenaline rush is very profound during that time. They have literally popped out of their bodies instantaneously and they are disoriented and confused as to what has occurred. Literally seconds before they were alive and well and fighting the good fight, so to speak. There is always a sense of righteousness in these battles; they always feel that they are for the better good and the best intention. Once they transition it looks a little strange to them that they would have engaged in that kind of behavior. There can also be a sense of shame that is associated with that, and we have a lot of work to do with people that are in this category to drop that sense of shame. There is no need, it is all learning and there are no judgments. But they do have a tendency to judge themselves with a different set of eyes once they transition. So these areas can be problematic areas as far as getting everyone transitioned successfully. There are also a percentage that really enjoyed the battle and the aggressive nature and choose to continue to experience that. And they do, over and over again. You also have others who were there at that time, who have now reincarnated back even to the point that they will dress in similar fashion to the way that

they did when they were alive and fighting that battle originally. All of this keeps that energy flowing and keeps it sustained in that one area. It is actually coming from a multiple of sources, if you understand what we are saying.

John: So one implication you are saying is that at least some re-enactors could in fact be reincarnated soldiers who were at one time actually battling there?

The Connection: That's correct.

Judgment

John: What an interesting perspective. You mentioned that enabling these people to understand that it's not a judgmental process or that the judgment in transition is quite important, occupies quite a bit of time in some cases, would it be correct to say, or does this level of judgment one has change as they transition from the physical realm to this intermediary area that we've come to traditionally call "limbo" or on into the dimensions that you reside in? Does this level of judging change as people move forward or come home to use another colloquialism? For those that do.

The Connection: The judgment that one has of oneself happens during what is commonly known as the review process. That is why it is called a 'review' it is not a judgment. That is religious dogma that tells people that they will be judged for their deeds. But there are people that transition and do have that belief system. We have to gently coax them into looking at the circumstances of their life, the last life that they had led. So yes, over time and with counseling and guidance, they will see that it was truly all about the learning and there is no shame, there is no judgment, and that they should actually rejoice in a life well-lived. Which is why we say to those of you that are in the third dimensional reality, why not start now? No better time than the now to be living the best possible life. We do understand that in the third dimensional reality you do have constraints. You should always be keeping your thoughts on living the best possible life. This will make the transition process when you exit so much easier. If you consider yourself to be like an actor on the movie screen perhaps that they are playing a role, whether they are the cowboy with the black hat or the cowboy with the white hat, they are

all just actors and once the movie is over the actor goes back to his true self. That is the same when you exit, you go back to your true spirit body Self. So you are just trying on different hats, so to speak. If that analogy is helpful to you; we realize it might be a little out of date, we are trying as best as we can to give you information that you can relate to, so we hope that this helps.

Antiques

John: Staying with the historical theme for a moment, many people report having strange experiences as a result they believe of bringing an antique home or even visiting an historic home or an antiques shop. For example, people have said they have heard sounds or movement where such things were located. They might see someone that they know shouldn't be there because they are the only person in the place or everyone else is known to be in another part of the building. What is your perspective on such things where objects seem to cause strange experiences in some way?

The Connection: The objects in your third dimensional reality can absorb energy, especially if it is a, for want of a better way of putting it, a large bolt of energy. Something that is adrenalin-based, highly emotionally based and that can be positive and negative from your perspective. You can have objects that can actually emanate a warm feeling to them, and a loving feeling as well as objects that may actually project for people that are sensitive what would be considered a negative experience. Those imprints do indeed and can be on particular objects. So yes, this can happen if you were to bring an object that has that imprint into your home you may start experiencing some things that are unexplainable to you. You may also wind up with the person, if they are strongly attached to that physical object, they may come to you in visitation. There again, we try to convey to you ahead of time that the attachment to physical objects is something that is very strong in the third dimensional reality but it has no use once you leave. So if the person is in visitation because of the object, it's because they haven't quite gotten past that point and that object is very important to them and they are wanting to hold onto that object. There is nothing wrong with them doing that but we do hope that over time they will let go of that and move on to other things. But, as we like to tell you, we are speaking in generalities about individual people and each person has their own

set of circumstances. There can be very compelling reasons why a person would be very attached to a physical object. And we're sure that you can relate to this as well. You probably all have a physical object that you would be devastated if that object were no longer around. So this is all very understandable and this is what can cause these types of things to occur.

John: Does there come a time, no matter who the individual may be, or what the intention may be, that in order to pass onward beyond that intermediate state we spoke of earlier that they must let go of physical objects?

The Connection: Ultimately that is what we would desire because you can imagine if you are very firmly connected to the third dimensional reality even though you don't actually so-called "exist" there anymore, it does impede your progress as far as if you wanted to reincarnate and come back and live another life. There has to be a separation, even though a small one, from the life that has been led prior. And, you know, there again it is not always a perfect set of circumstances. We discussed earlier those that choose to re-enact a past life in their current one, you are actually seeing that they have not been willing to release that life and they have chosen to come back and relive that life again in a little bit different fashion. So it is not always the case that one separates from one before starting another. We are speaking in very general terms, there are always a lot of exceptions to the rule.

Human Effect on the Planet

John: What is your opinion regarding humankind's effect on the planet? Some have suggested that we've had an effect, positive and negative on the planet as a whole. What is your opinion regarding this?

The Connection: We do not really speak in terms of positive and negative but we understand what the question is, and we would like to say that truly you can find both what you would perceive as positive and negative influences on this planet. But we would also suggest that the positive really needs to be reinforced. For whatever reason, human nature in general tends to gravitate more towards the negative, especially in times when people are fearful. So we need to say yet again that you spend as much time as you can rising above the

perceived negativity that you see in your environment. We have no judgment on the effects of humans on the planet. You have a purpose, just as all the plants and animals have their purpose. It is not for us to make judgments. As long as you are learning, you are living your path, you are doing what you are supposed to be doing. So just continue to continue. Adjust and change with what happens in your environment, and do that in the most positive fashion that you can.

John: Is this negativism that you speak of unique to the human species? Are there other species, or other beings elsewhere who are not so?

The Connection: That would be a true statement. We want to clarify that it is not just the human that has this duality in nature. By duality, we mean positive and negative perceptions.

Energy Patterns

John: We said earlier that major events can cause objects to inherit imprints. You implied that major events are about to occur in the not distant future. Would the future survivors of those future events uh, tend to have more of an impression that these events had occurred because they would have more objects around them that actually contained these imprints of these events that are yet to come?

The Connection: We are still a little confused by the question. Perhaps the term "imprint" is being used in more than one fashion here. When we talk about "imprint" we are talking about the human imprint, the DNA of the human. We think that you are referring to is an energy pattern that may be placed on an inanimate object. Is that correct?

John: That is correct, yes. I'm using the word imprint probably incorrectly from your perspective. I do mean an energy imprint, an energy pattern, sorry. And would that energy pattern be known, visible, or perceivable by future generations of humans.

The Connection: That would be an accurate statement and actually when you talk about something we mentioned earlier, Gettysburg, certainly those that visit there are aware of an energy pattern that is

definitely from the past. It is so profoundly strong that people are certainly aware, or have a strong feeling about that particular location. You also have, included with that, what you learned historically about that event. So not only do you have brain function happening as far as the facts and dates and what the history says occurred there, but you also have the energy of that area as well. Depending upon the level of sensitivity that you have, you may see some of these people that are on the battlefield still to this very day. So yes, those energy patterns can and do continue on and can be sensed by future people, just as you can detect something from the past yourself. It is pretty much the same.

Perceptions of energy patterns over time

John: You mentioned sensitivity as a major factor, certainly from a human perspective that makes sense. Some would be able to detect more than others. And that generates and supports the whole notion of perception, which it turns out is a matter of probability whether we detect anything or not at any given event, at least in the normal world with the five senses. It really makes sense that might be true with what's called the sixth sense as well. Over time do these events become less and less visible to us as physical humans? Are these energy patterns less visible?

The Connection: Are you referring to the energy pattern itself or the perception of the human?

John: The perception of the human and the energy pattern, if they are different I would be interested to know that.

The Connection: As we gave the example of Gettysburg, we will stay with that same example, and we did explain to you earlier, that there are multiple sources contributing to that energy pattern being sustained in that area. So as long as those energy sources are in place, that energy pattern will continue and will not dissipate. So as long as the history remains and people are able to avail themselves of the actual history, as well as going and actually visiting the site and feeling the energy there, it will all continue. If there should be a disruption in the history such as we today might think of. I'm trying to think of an

example, perhaps Atlantis and whether Atlantis exists or it doesn't exist. We do not have what we consider to be concrete history of its existence. Therefore the energy pattern will have been disrupted. But it does not stop those that have that strong feeling that it does exist from going and trying to locate it and search it out on an energy basis. So even though some of the components that feed into the energy might be missing, in this case the written-record history component, there still is the verbal thoughts that carry from one generation to another that potentially this place did indeed exist. So it, the energy patterns and the imprints do tend to carry forward on an individual basis. If you were someone who lived a life during the time when Atlantis did exist, then you would have a little bit different perception in this lifetime as to its existence. As someone who did not live a life in that environment would have no background and would think that probably it did not exist because there was no historic record. I hope this was not too confusing.

John: No, actually it's quite illuminating as a matter of fact, and thank you. So it sounds like what we're saying is that those who believe something has occurred, where there is no real physical evidence that it might have, there may be some sort of connection between their current life in the physical realm and a life lived before or some other form of relationship to a previous life in that now unseen, not found but highly suspicious place that may have once existed. So these thoughts we have about things, that might be later proven, could be rooted in past lives?

The Connection: That would be an accurate statement, yes.

John: We are nearing the end. I have one last, question I'd like to ask here. And it kind of comes back to how we began the entire thing and may be a good way to close it. We said that quite a few changes are coming right now; that quite a few changes are coming to the Earth could have interesting impact to the future and how people may perceive the future and gave of example of something that is right in the news as we are recording this late in April of 2009. What I'm wondering is this: are we on a path of destiny? Are we on a path where things cannot be changed, or are we instead as I think I'm reading between the lines from what you've said both in this session and previous sessions, that change is in fact possible? Just to be sure we get that reiterated. And any final thoughts in your regard as to how we should refocus ourselves to have the best possible outcome going forward?

Advice for Best Possible Outcome

The Connection: The destiny of the third dimensional human is no longer cast in stone, so to speak. We do realize that some people believe this to be the case, and it was at one time and is no longer true. So we suggest that if you have that energy pattern that you might want to re-examine that. You truly have a lot to say about what you experience and how you experience it. Your perception and your thoughts and the way you receive information has everything to do with how you are experiencing your life. Truly you will look in your news and you will see things that will make you very fearful. The only reason that we can think of that you might be afraid is that you still have the fear of death. We suggest to you that it truly is an exit, a transition, walking from one door to another, that you not be fearful of that. So once that fear is set aside and minimized – we don't expect it to be gone entirely – but once it's minimized, it should be a very freeing experience. So we suggest to you, yet again, that whatever it is that you've always wanted to do, whatever your passion or your joy, or just something that you've always wanted and you haven't done it yet, why not start today? Why not focus your energies on the things that you have always wanted to do? Time is short, time is always short. You never have as much time as you would hope to when you get toward the end of your life. So don't wait. Those that thought they were waiting for retirement, for instance, are finding that was an erroneous thing to be waiting for, because the fact is that the savings for retirement is predominantly gone. So we suggest to you that the things of the material world, money and objects and possessions and those things, be put into a lower priority if you possibly can and please just get with your life experience and what you would like to experience going forward. Always focus on what you want to experience, not on trying to avoid pain of past experiences. This tends to be a pattern that people get into, of living life by what they don't want. Truly, in the way the energy patterns work there is no differentiation. So please be careful about your thoughts. It should actually bring comfort and joy to you to focus on the things that bring you joy and the things you've always wanted to do. Don't be afraid to try new things; to change and grow; and don't worry about what others will think. Just go ahead – you have absolutely total freedom at this point to experience whatever you would like to experience. So we suggest that you live in that space, as opposed to being fearful of what may happen

or the potentialities. We do also suggest, however, that you have a little bit of common sense applied and do not put yourself in harm's way. You need to keep a practical sense as well. But just be playful, be child-like and just go out and explore. Just do the things that you've wanted to do. This could be a very joyous time for you if you adjust your perceptions to that basis. Just go out and try. Don't be afraid of failure, either. Try. Just experience and enjoy and have fun.

John: That sounds like wonderful advice, no matter what year, decade, century we might be talking in reality. We shall close today, and I'm going to turn it back briefly for final comments from The Connection.

Final Thoughts

The Connection: We would like to thank everyone that participated. The questions were of most excellence. We do thank you very, very much. For those that are listening or reading this at another time, you will find that it will be just as relevant at any time that you view it. It is truly timeless information. We do suggest that you go back and look at any prior recordings because we are trying to build one on top of another on top of another. We hope that you will join us again and we welcome your questions and we really enjoyed our time with you. We thank you very much for your participation. And we also thank you, John, for your facilitation of the questions. Until we meet again.